



TROJANTM

ELITE GYM 2.0

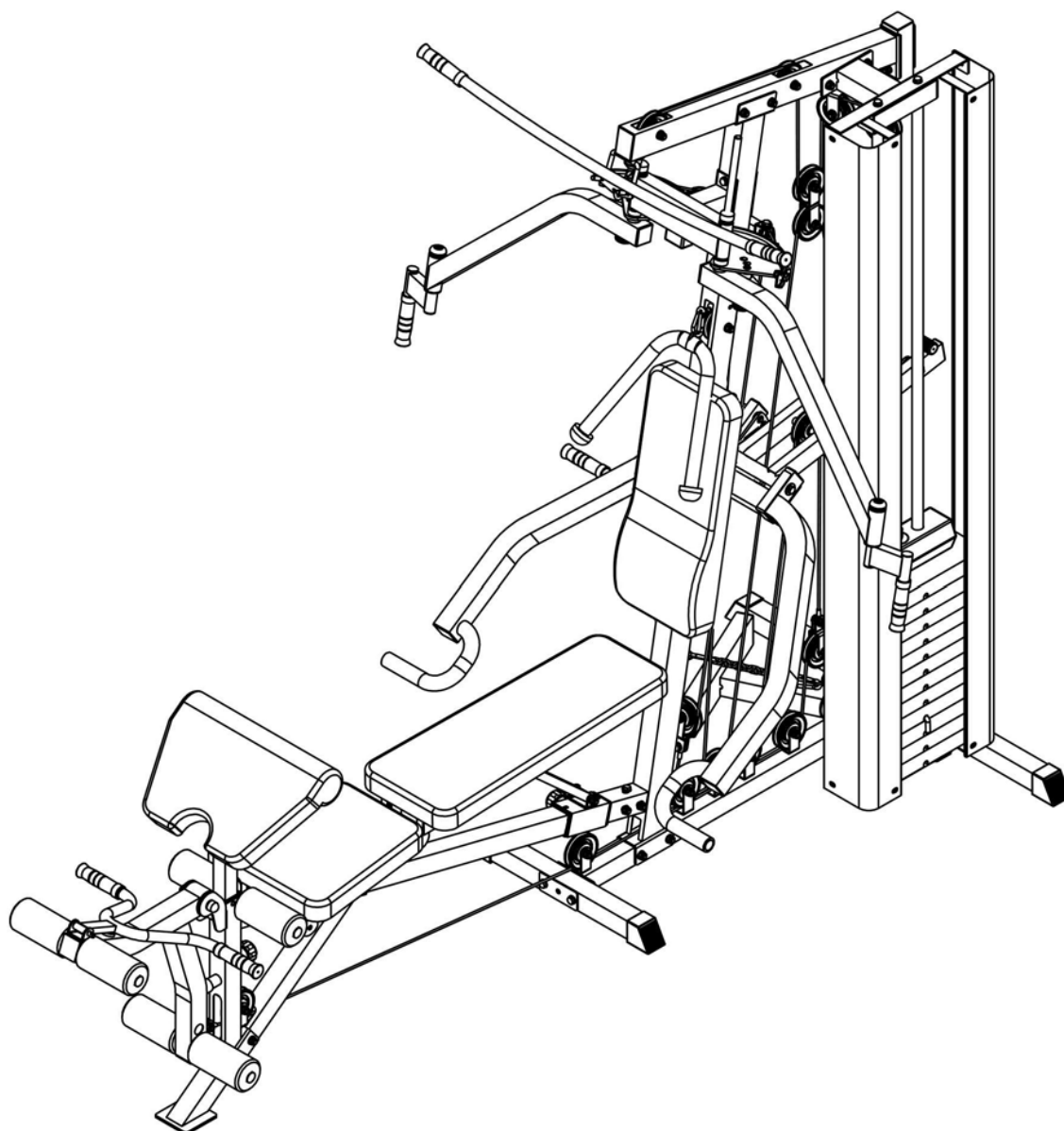
HOME GYM

90 KG
WEIGHT STACK

STRENGTH
& TONING



USER MANUAL



CAUTION

READ ALL PRECAUTIONS AND
INSTRUCTIONS IN THIS MANUAL
BEFORE USING THIS EQUIPMENT.
KEEP THIS MANUAL FOR
FUTURE REFERENCE.

Visit facebook.com/trojanhealth
www.trojanhealth.co.za
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IMPORTANT SAFETY INSTRUCTIONS

It is the sole responsibility of the purchaser of Trojan products to read the owner's manual, warning labels and instruct all individuals, on proper usage of the equipment. Understanding each and every warning to the fullest is important. If any of these instructions or warnings are unclear please contact Trojan Customer Services on **0861 TROJAN (0861 876526)**, within the Republic of South Africa. Customers residing outside South Africa can contact us on +27 10 206 4405.

The equipment is only intended for home use and is not intended for commercial, institutional and/or studio facilities use.

Contact Trojan with any questions regarding this classification. It is recommended that all users of Trojan be informed of the following information prior to use.

HEALTH WARNING

- Before starting any exercise or conditioning program you should consult with your personal physician to see if you require a complete physical exam. This is especially important if you are inactive, pregnant or suffer from any illness.
- If at any time during exercise you feel faint, dizzy or experience pain, stop exercising immediately and consult your physician.
- To avoid muscular pain and strain, begin each workout by stretching and warming up and end each session by cooling down and stretching.

INSTALLATION

Trojan recommends that all equipment:

- Be secured to or set up on a solid, level surface to stabilise and eliminate rocking or tipping over during training.
- Be set up inside your home away from moisture and dust (the equipment is not designed for outdoor use).
- Be set up with sufficient ventilation to ensure proper operation.
- Be set up with sufficient space around the equipment so that all exercises can be completed safely. It is recommended that there should be at least 1 m of space around the equipment where access is required to exercise.

PROPER USAGE

- Do not use the equipment in any way other than as designed or intended by the manufacturer. It is imperative that Trojan equipment is used properly to avoid injury.
- Injuries may result from exercising improperly or excessively.
- Your Trojan equipment should only be used by 1 person at a time.
- Be careful to maintain your balance while using, mounting, dismounting or assembling your Trojan equipment to avoid injury.
- Servicing other than the procedures in this manual should be performed by an authorised service representative only.

ACCESS CONTROL

- Trojan recommends that all fitness equipment be used in a supervised area. It is recommended that the equipment be located in an access controlled area. Control is the responsibility of the owner. Keep children away from all equipment.
- Parents or other supervising adults must provide close supervision of children if the equipment is used in the presence of children.

IMPORTANT SAFETY INSTRUCTIONS

INSPECTION

- Do not use or permit use of any equipment that is damaged, or has worn or broken parts. For all Trojan equipment use only replacement parts supplied by Trojan.
- Always make sure that all nuts and bolts are tightened prior to each use.
- Maintain labels and nameplates – do not remove labels for any reason. They contain important information.
- Equipment maintenance – preventative maintenance is the key to smooth operating equipment. Please ensure that you follow our maintenance tips to ensure the continued correct function of your Trojan equipment.
- Before any use, examine all accessories approved for use with the Trojan equipment for damage or wear.
- Should your Trojan equipment appear damaged or worn, do not attempt to use or repair the equipment yourself.
- Please contact our service department on **0861 TROJAN (0861 876526)** to arrange a repair.
Customers residing outside South Africa can contact us on +27 10 206 4405.

OPERATING WARNINGS

- It is the purchaser's responsibility to instruct all users as to the proper operating procedures of all Trojan equipment.
- Keep children away from all moving parts. Parents must provide close supervision of children if the equipment is used in the presence of children.
- Do not wear loose fitting clothing or jewellery when using the equipment. It is also recommended that users tie up long hair to avoid contact with moving parts.
- Ensure that anyone not using the equipment stays clear of the user, accessories and moving parts while the machine is in operation.

USER WEIGHT LIMITATIONS

- This Trojan Elite Gym 2.0 Home Gym may not be used by persons weighing more than 120 kg.

SAVE THIS INSTRUCTION MANUAL FOR FUTURE USE AND REFERENCE.

If any of these instructions or warnings are unclear please contact Trojan Customer Services on

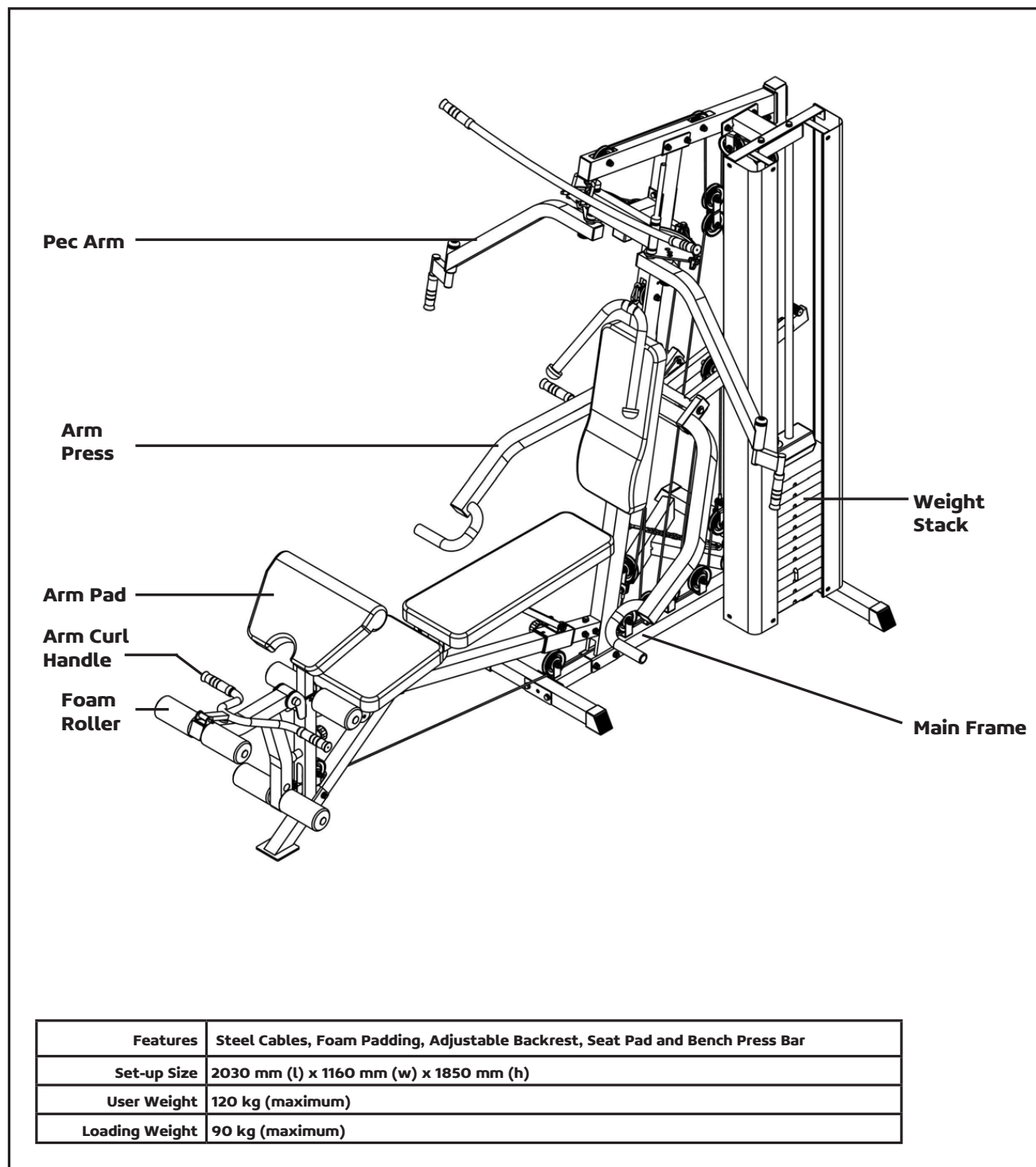
0861 TROJAN (0861 876526) within the Republic of South Africa or **visit www.trojanhealth.co.za**.

Customers residing outside South Africa can contact us on +27 10 206 4405.

PRE ASSEMBLY CHECK LIST

Thank you for choosing the Trojan Elite Gym 2.0 Home Gym. We take great pride in producing this product and hope it will provide many hours of quality exercise to make you feel better, look better and enjoy life to its fullest. Yes, it's a proven fact that a regular exercise program can improve your physical and mental health. Too often, our busy lifestyles limit our time and opportunity to exercise. The Trojan Elite Gym 2.0 Home Gym provides a convenient and simple method to begin your assault on getting your body in shape and achieving a healthier lifestyle. Before reading further, please review the drawing below and familiarise yourself with the parts that are labelled.

Read this manual carefully before using the Trojan Elite Gym 2.0 Home Gym .

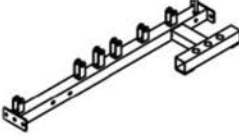
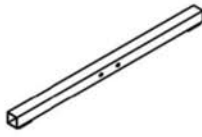
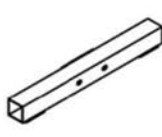
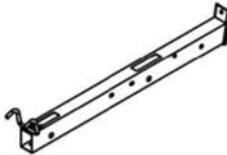
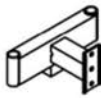
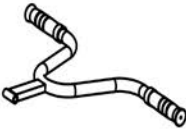
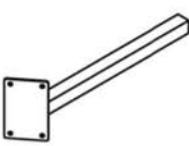
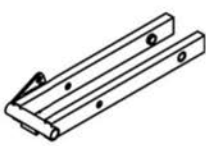
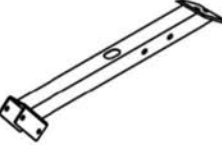
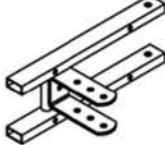
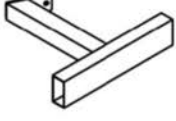
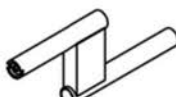


HARDWARE & TOOLS LIST

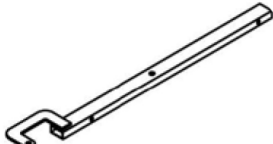
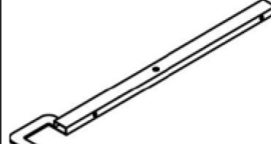
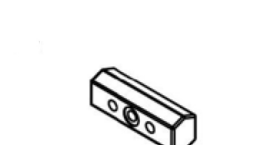
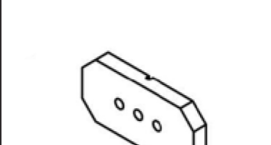
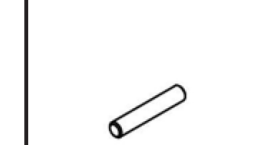
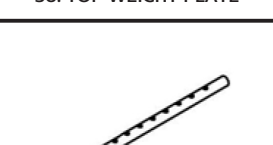
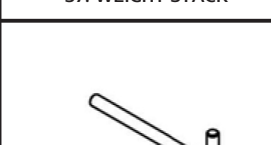
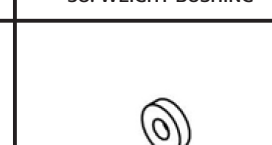
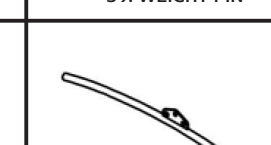
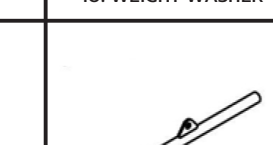
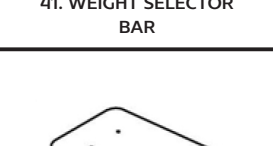
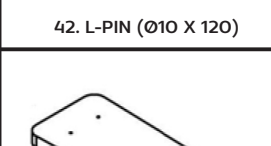
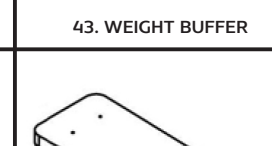
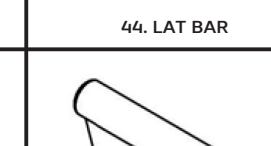
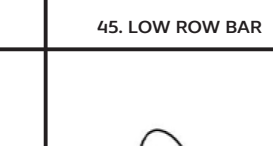
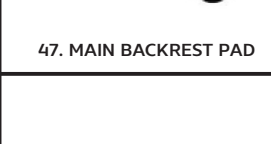
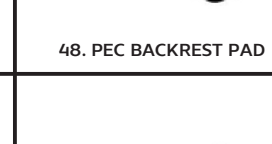
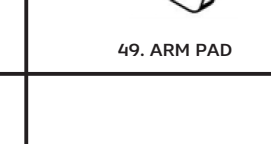
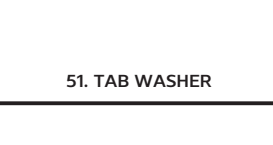
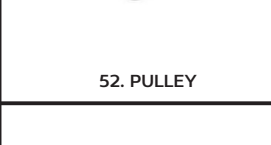
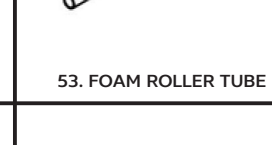
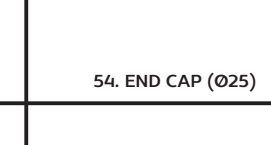
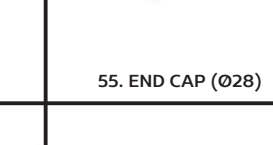
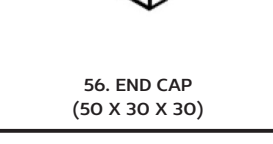
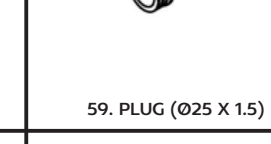
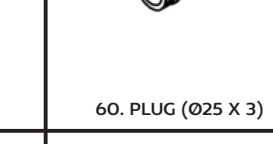
INSTRUCTIONS FOR ASSEMBLY

- Before you start to assemble, please check the hardware packaging to make sure all parts are included.
- Each step has its own packet of bolts and nuts (look for sticker indicating what step the packet will be used for)
- Ensure all nuts and bolts are tightened properly before moving onto the next step.
- Test the Plastic Dome Caps (45) on the Locknuts (85) for best fit.
- Basic tools, such as an Allen Key will be provided for assembly but additional tools will be required for complete and safe assembly.

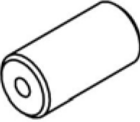
IMPORTANT NOTICE: Some of the smaller parts may be pre-fitted to larger components, please ensure you check carefully before contacting us regarding any missing parts.

				
1. MAIN BOTTOM FRAME	2. REAR UPRIGHT	3. MAIN UPRIGHT	4. REAR BASE	5. FRONT BASE
				
6. TOP BEAM	7. GUIDE ROD	8. LEG EXTENSION ARM	9. PEC MOUNT	11. FRONT MAIN FRAME
				
12. ARM CURL Handle	13. ARM CURL SUPPORT	14. ADJUSTMENT FRAME	15. RIGHT PEC ARM	16. LEFT PEC ARM
				
17. PRESS ARM	18. SLIDING FRAME	19. FOOT SUPPORT	20. SEAT FRAME	21. PEC TOP BEAM
				
22. SIDE BOTTOM FRAME	23. LONG SHAFT	24. SHORT SHAFT	25. SUPPORT TUBE	26. PEC HANDLE
				
27. DOUBLE PULLEY RACK	28. SIDE PULLEY RACK	29. PEC PULLEY RACK	30. SINGLE PULLEY RACK	

HARDWARE & TOOLS LIST

				
31. LEFT BACKREST FRAME	32. RIGHT BACKREST FRAME	33. RIGHT ADJUSTMENT FRAME	34. LEFT ADJUSTMENT FRAME	35. POP-PIN
				
36. TOP WEIGHT PLATE	37. WEIGHT STACK	38. WEIGHT BUSHING	39. WEIGHT PIN	40. WEIGHT WASHER
				
41. WEIGHT SELECTOR BAR	42. L-PIN (Ø10 X 120)	43. WEIGHT BUFFER	44. LAT BAR	45. LOW ROW BAR
				
46. SEAT PAD	47. MAIN BACKREST PAD	48. PEC BACKREST PAD	49. ARM PAD	50. ORNAMENTAL CAP
				
51. TAB WASHER	52. PULLEY	53. FOAM ROLLER TUBE	54. END CAP (Ø25)	55. END CAP (Ø28)
				
56. END CAP (50 X 30 X 30)	57. SLEEVE (50 X 38)	58. SLEEVE (60 X 50)	59. PLUG (Ø25 X 1.5)	60. PLUG (Ø25 X 3)
				
61. PLUG (20 X 40)	62. PLUG (25 X 50)	63. PLUG (45 X 45)	64. PLUG (50 X 50)	65. PLUG (50 X 70)

HARDWARE & TOOLS LIST

				
66. PLUG (40 X 80)	67. LOCKING PIN	68. NYLON BEARING (Ø25.8 X 18)	69. NYLON BEARING	70. PLASTIC BEARING (Ø60)
				
71. L-PIN (Ø10 X 60)	72. L-PIN (Ø10 X 80)	73. BUFFER	74. U-BUFFER	75. COMFORT GRIP
				
76. PLASTIC BUSHING	77. PULLEY BUSHING	78. NUT CAP (M12)	79. NUT CAP (M16)	80. OILITE BUSHING (Ø12)
				
81. OILITE BUSHING (Ø16)	82. OILITE BUSHING (Ø19)	83. FOAM ROLLER (Ø80 X 160)	84. FOAM ROLLER (Ø23 X 300)	85. HEX BOLT (M6 X 20)
				
86. HEX BOLT (M6 X 55)	87. HEX BOLT (M8 X 12)	88. HEX BOLT (M8 X 90)	89. HEX BOLT (M10 X 16)	90. HEX BOLT (M10 X 25)
				
91. HEX BOLT (M10 X 45)	92. HEX BOLT (M10 X 65)	93. HEX BOLT (M10 X 70)	94. HEX BOLT (M10 X 75)	95. HEX BOLT (M10 X 90)
				
96. HEX BOLT (M10 X 150)	97. HEX BOLT (M12 X 85)	98. HEX BOLT (M12 X 150)	99. SOCKET COUNTERSUNK BOLT (M8 X 20)	100. COUNTERSUNK BOLT (M10 X 20)

HARDWARE & TOOLS LIST

				
101. NYLON LOCK NUT (M10)	102. NYLON LOCK NUT (M12)	103. NYLON LOCK NUT (M16)	104. BIG WASHER (Ø6)	105. BIG WASHER (Ø8)
				
106. BIG WASHER (Ø10)	107. WASHER (Ø8)	108. WASHER (Ø10)	109. WASHER (Ø12)	110. WASHER (Ø16)
				
111. WEIGHT STACK COVER	112. BOTTOM COVER SUPPORT	113. TOP COVER SUPPORT	114. SNAP LINK	115. SHORT COIL CHAIN
				
116. LONG COIL CHAIN	117. ABDOMINAL HANDLE	118. LAT CABLE	119. PEC CABLE	120. ABDOMINAL CABLE
				
121. LEG CABLE	122. CONNECTING CABLE	123. FOOT END CAP		

PARTS LIST

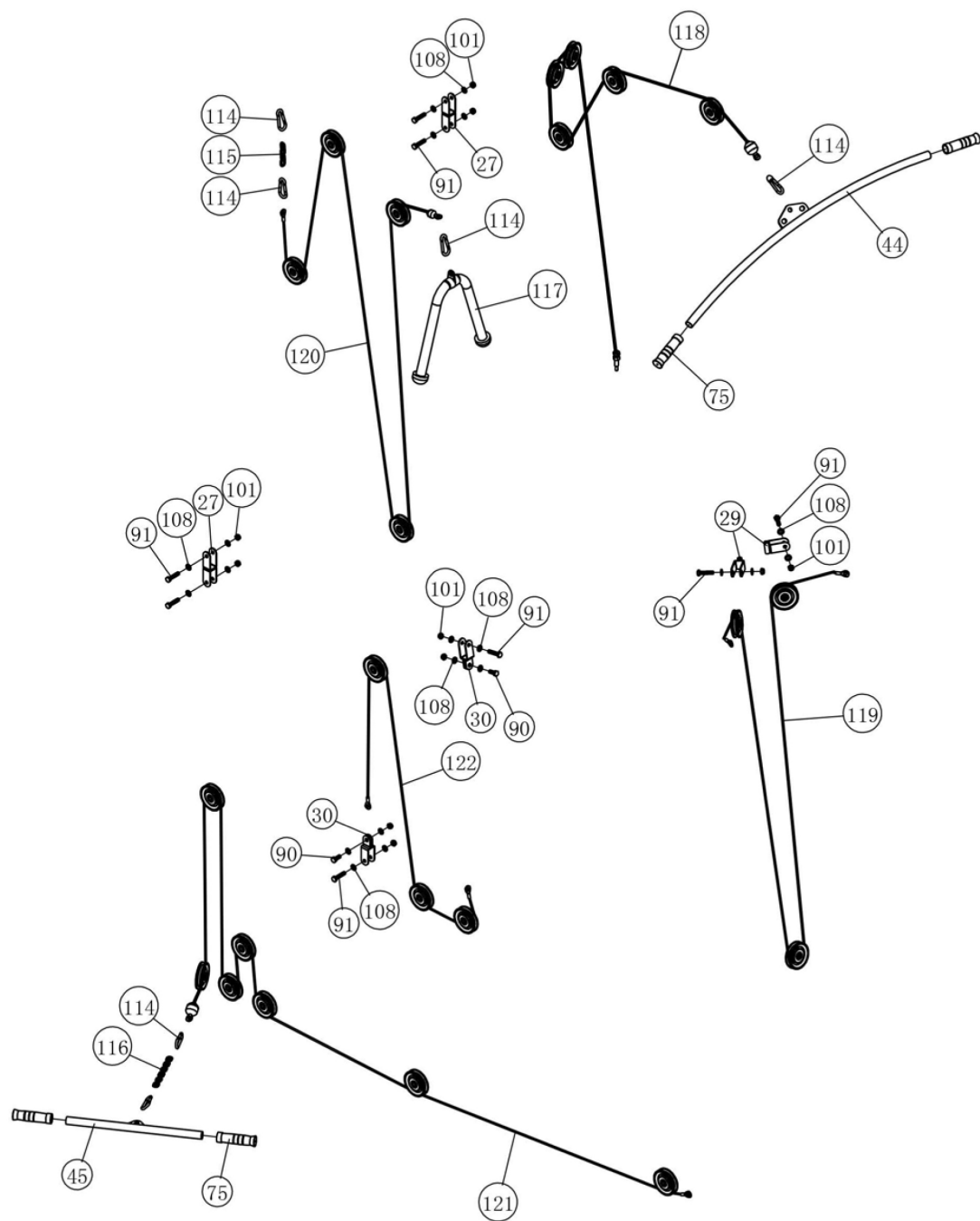
No.	Description	Qty	No.	Description	Qty
1	Main Bottom Frame	1	37	Weight Stack	12
2	Rear Upright	1	38	Weight Bushing	1
3	Main Upright	1	39	Weight Pin	1
4	Rear Base	1	40	Weight Washer	1
5	Front Base	1	41	Weight Selector Bar	1
6	Top Beam	1	42	L-Pin (Ø10 x 120)	1
7	Guide Rod	2	43	Weight Buffer	2
8	Leg Extension Arm	1	44	Lat Bar	1
9	Pec Mount	1	45	Low Row Bar	1
11	Front Main Frame	1	46	Seat Pad	1
12	Arm Curl Handle	1	47	Main Backrest Pad	1
13	Arm Curl Support	1	48	Pec Backrest Pad	1
14	Adjustment Frame	1	49	Arm Pad	1
15	Right Pec Arm	1	50	Ornamental Cap	2
16	Left Pec Arm	1	51	Tab Washer	2
17	Press Arm	1	52	Pulley	22
18	Sliding Frame	1	53	Foam Roller Tube	3
19	Foot Support	1	54	End Cap (Ø25)	1
20	Seat Frame	1	55	End Cap (Ø28)	2
21	Pec Top Beam	1	56	End Cap (50 x 30 x 30)	1
22	Side Bottom Frame	1	57	Sleeve (50 x 38)	1
23	Long Shaft	1	58	Sleeve (60 x 50)	2
24	Short Shaft	1	59	Plug (Ø25 x 1.5)	10
25	Support Tube	1	60	Plug (Ø25 x 3)	2
26	Pec Handle	2	61	Plug (20 x 40)	8
27	Double Pulley Rack	2	62	Plug (25 x 50)	4
28	Side Pulley Rack	1	63	Plug (45 x 45)	2
29	Pec Pulley Rack	2	64	Plug (50 x 50)	9
30	Single Pulley Rack	2	65	Plug (50 x 70)	1
31	Left Backrest Frame	1	66	Plug (40 x 80)	2
32	Right Backrest Frame	1	67	Locking-Pin	2
33	Right Adjustment Frame	1	68	Nylon Bearing (Ø25.8 x 18)	4
34	Left Adjustment Frame	1	70	Plastic Bearing (Ø60)	2
35	Pop-Pin	3	71	L-Pin (Ø10 x 60)	1
36	Top Weight Plate	1			

PARTS LIST

No.	Description	Qty	No.	Description	Qty
72	L-Pin (Ø 10 x 80)	1	109	Washer (Ø12)	6
73	Buffer	1	110	Washer (Ø16)	2
74	U-Buffer	1	111	Weight Stack Cover	2
75	Comfort Grip	9	112	Bottom Cover Support	1
76	Plastic Bushing	6	113	Top Cover Support	1
77	Pulley Bushing	2	114	Snap Link	6
78	Nut Cap (M12)	2	115	Short Coil Chain	1
79	Nut Cap (M16)	2	116	Long Coil Chain	1
80	Oilite Bushing (Ø12)	4	117	Abdominal Handle	1
81	Oilite Bushing (Ø16)	4	118	Lat Cable	1
82	Oilite Bushing (Ø19)	4	119	Pec Cable	1
83	Foam Roller (Ø80 x 160)	6	120	Abdominal Cable	1
84	Foam Roller (Ø23 x 300)	2	121	Leg Cable	1
85	Hex Bolt (M6 x 20)	4	122	Connecting Cable	1
86	Hex Bolt (M6 x 55)	8	123	Foot End Cap	4
87	Hex Bolt (M8 x 12)	8			
88	Hex Bolt (M8 x 90)	2			
89	Hex Bolt (M10 x 16)	4			
90	Hex Bolt (M10 x 25)	7			
91	Hex Bolt (M10 x 45)	18			
92	Hex Bolt (M10 x 65)	5			
93	Hex Bolt (M10 x 70)	15			
94	Hex Bolt (M10 x 75)	7			
95	Hex Bolt (M10 x 90)	2			
96	Hex Bolt (M10 x 150)	1			
97	Hex Bolt (M12 x 85)	1			
98	Hex Bolt (M12 x 150)	2			
99	Socket Countersunk Bolt (M8 x 20)	2			
100	Countersunk Bolt (M10 x 20)	2			
101	Nylon Lock Nut (M10)	50			
102	Nylon Lock Nut (M12)	4			
103	Nylon Lock Nut (M16)	2			
104	Big Washer (Ø6)	12			
105	Big Washer (Ø8)	8			
106	Big Washer (Ø10)	4			
107	Washer (Ø8)	2			
108	Washer (Ø10)	105			



EXPLODED DRAWING

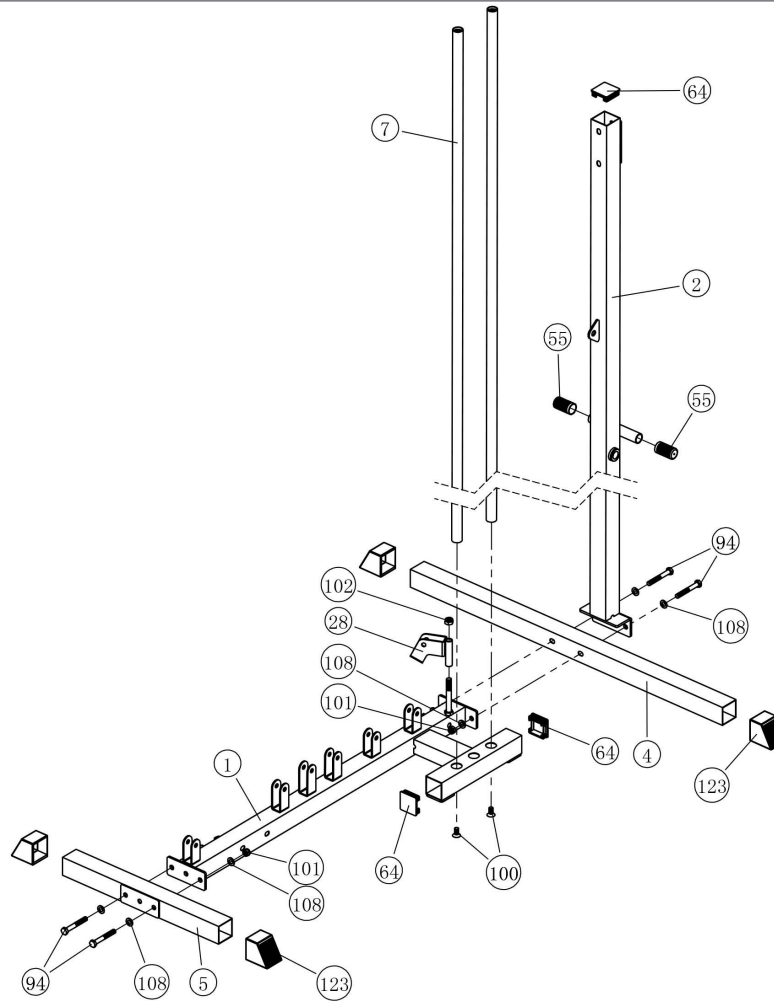


ASSEMBLY STEPS

1. PREPARATION

- Before assembling make sure that you will have enough space around the item.
- Use the supplied parts and hardware for the assembly.
- Before assembling, please check whether all the required parts have been supplied as per the exploded drawing on the opposite page.
- **Notice:** Some of the smaller parts may be pre-fitted to larger components, please ensure you check carefully before contacting us regarding any missing parts.

STEP 1

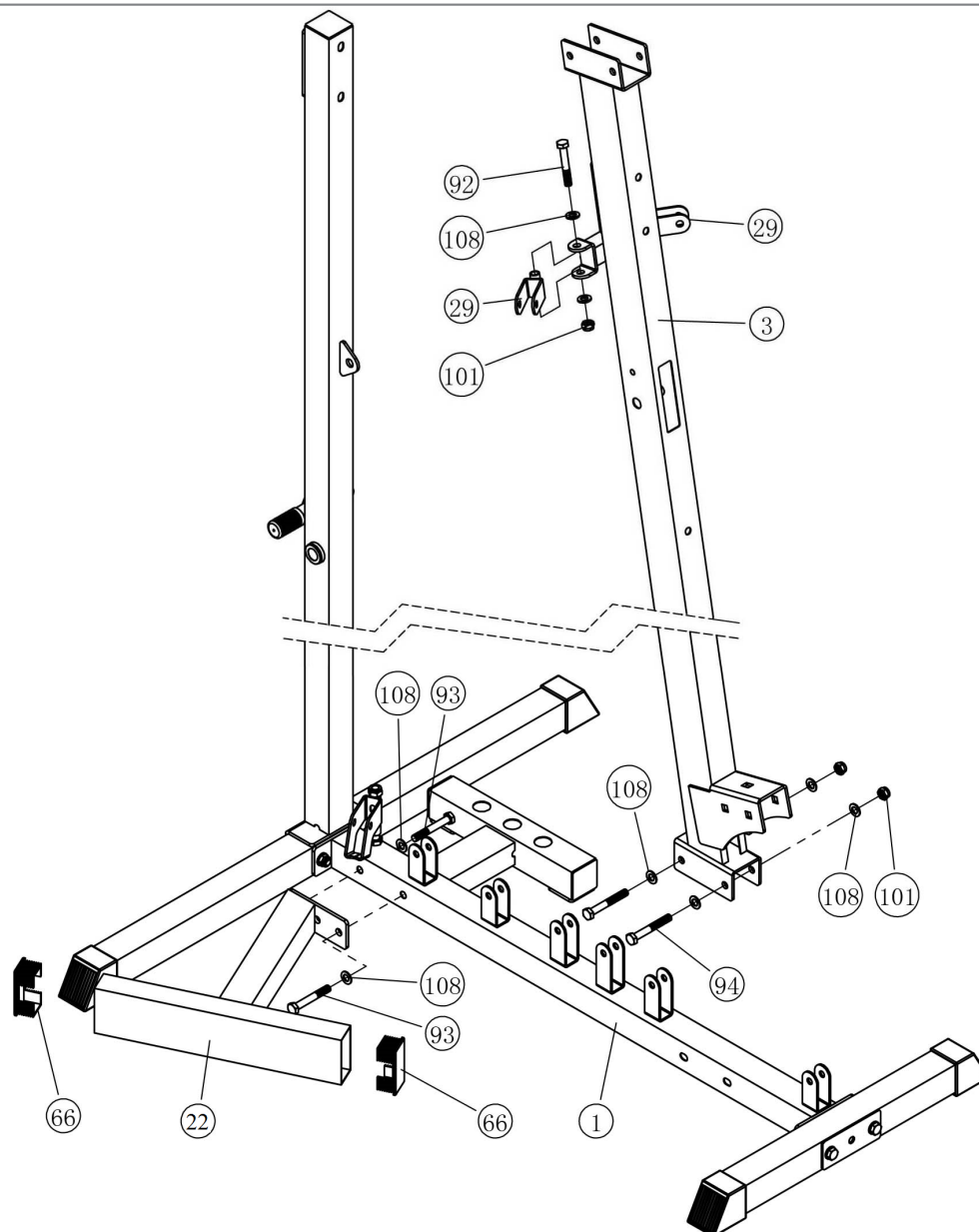


STEP 1:

1. Place the Main Frame (1) on a flat surface.
2. Insert the Plug (50 x 50) (64) on both ends of the Main Frame (1).
3. Attach the Foot End Cap (123) to both ends of the Front Base (5).
4. Attach the Front Base (5) to the Main Frame (1) using 2 Hex Bolts (M10 x 75) (94), 4 Washers (Ø10) (108) and 2 Nylon Lock Nuts (M10) (101).
5. Insert the Guide Rods (7) into the holes of the Main Frame (1), attach them using 2 Countersunk Bolts (M10 x 20) (100).
6. Attach the Side Pulley Rack (28) to the Main Frame (1) using 1 Nylon Lock Nut (M12) (102).
7. Attach the Foot End Cap (123) to both ends of the Rear Base (4).
8. Attach the Plug (50 x 50) (64) to the end of the Rear Upright (2).
9. Attach the End Cap (Ø28) to the Rear Upright (2).
10. Attach the Rear Base (4) and Rear Upright (2) to the Main Frame (1) using 2 Hex Bolts (M10 x 75) (94), 4 Washers (Ø10) (108) and 2 Nylon Lock Nuts (M10) (101).

ASSEMBLY STEPS

STEP 2

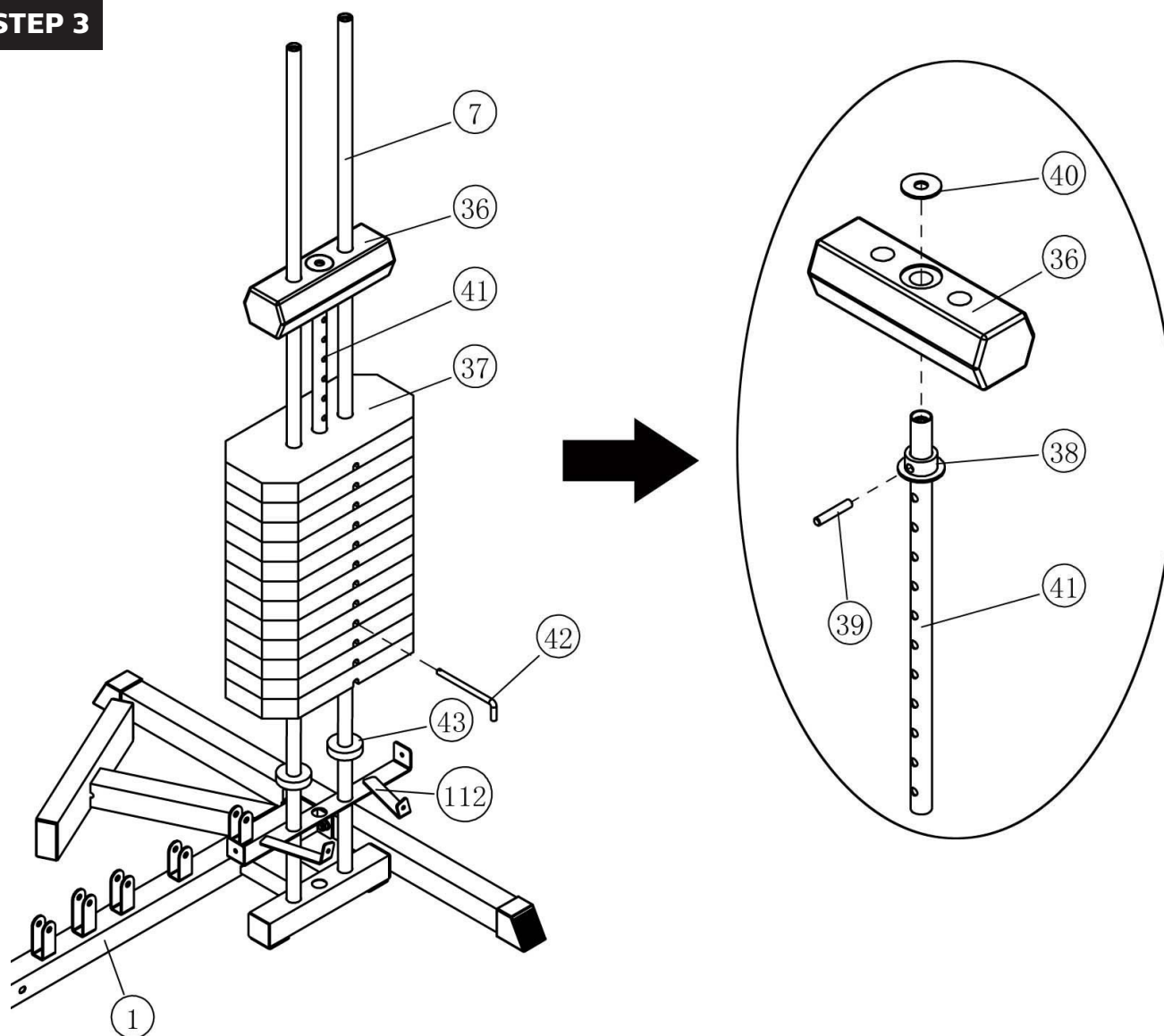


STEP 2:

1. Attach the Plug (40 x 80) (66) to both ends of the Side Frame (22).
2. Attach the Side Frame (22) to the Main Frame (1) using 2 Hex Bolts (M10 x 70) (93), 2 Washers (Ø10) (108).
3. Attach the Main Upright (3) to the Main Frame (1) using 2 Hex Bolts (M10 x 75) (94), 4 Washers (Ø10) (108) and 2 Nylon Lock Nuts (M10) (101).
4. Then attach the Pec Pulley Rack (29) to the Main Upright (3) using 2 Hex Bolts (M10 x 65) (92), 4 Washers (Ø10) (108) and 2 Nylon Lock Nuts (M10) (101).

ASSEMBLY STEPS

STEP 3

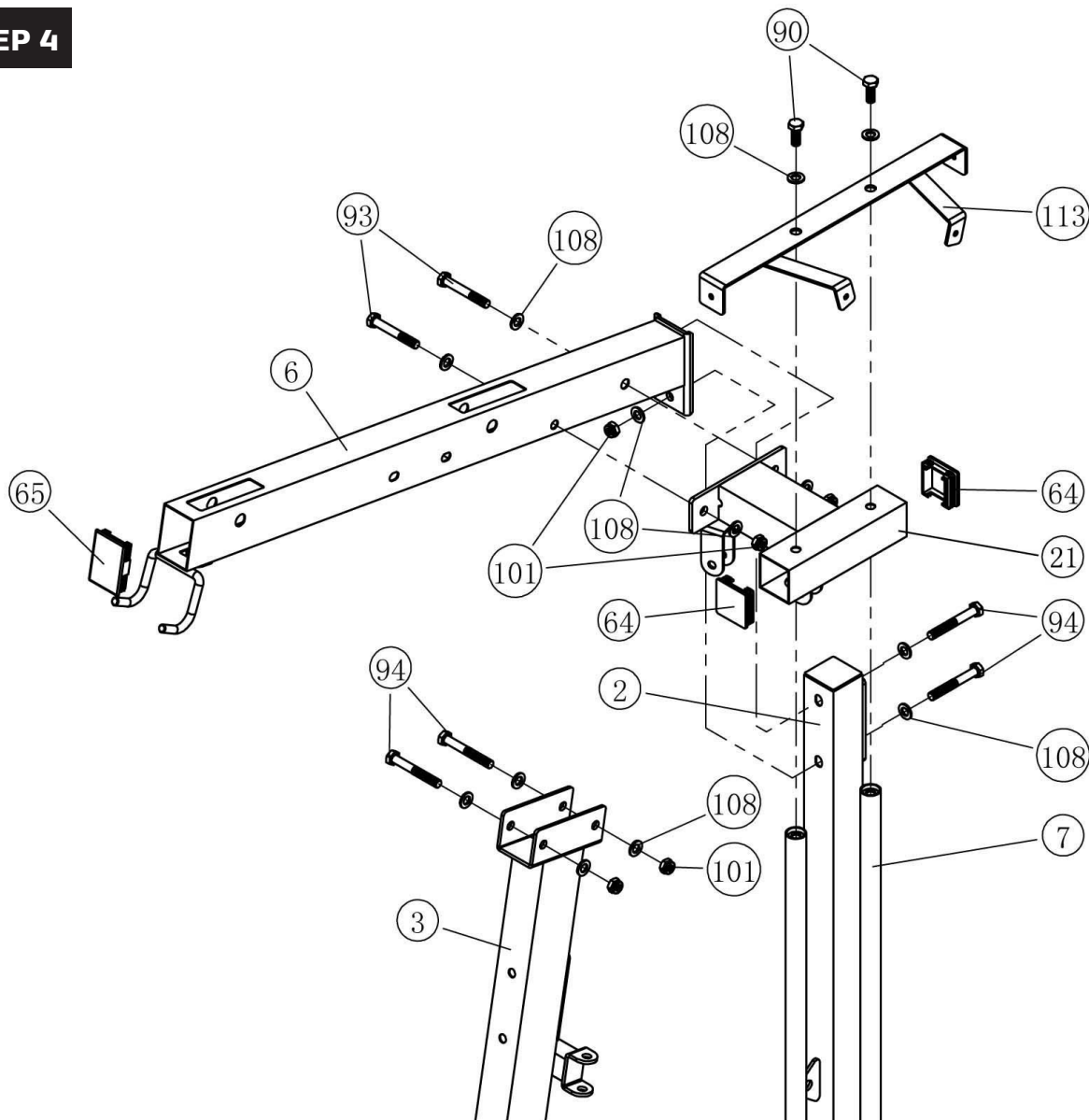


STEP 3:

1. Secure the Bottom Cover Support (112) and the Weight Buffer (43) to the Guide Rods (7).
2. Carefully slide each Weight Stack (37) through the Guide Rods (7) one by one.
3. Slide the Weight Bushing (38) on to the Weight Selector Bar (41), secure the Weight Bushing (38) at the first hole of the Weight Selector Bar (41) using the Weight Pin (39).
4. Insert the Weight Selector Bar (41) through the center hole of the Weight Stack (37).
5. Slide the Top Weight Plate (36) on to the Guide Rods (7).
6. Slide the Top Weight Plate (36) on to the Weight Selector Bar (41), the Top Weight Plate (36) will rest on the Weight Bushing (38).
7. Attach the Weight Washer (40) to the Top Weight Plate (36).
8. Insert the L-Pin (Ø10 x 120) (42) into the Weight Stack (37) and Weight Selector Bar (41) at the required weight.

ASSEMBLY STEPS

STEP 4

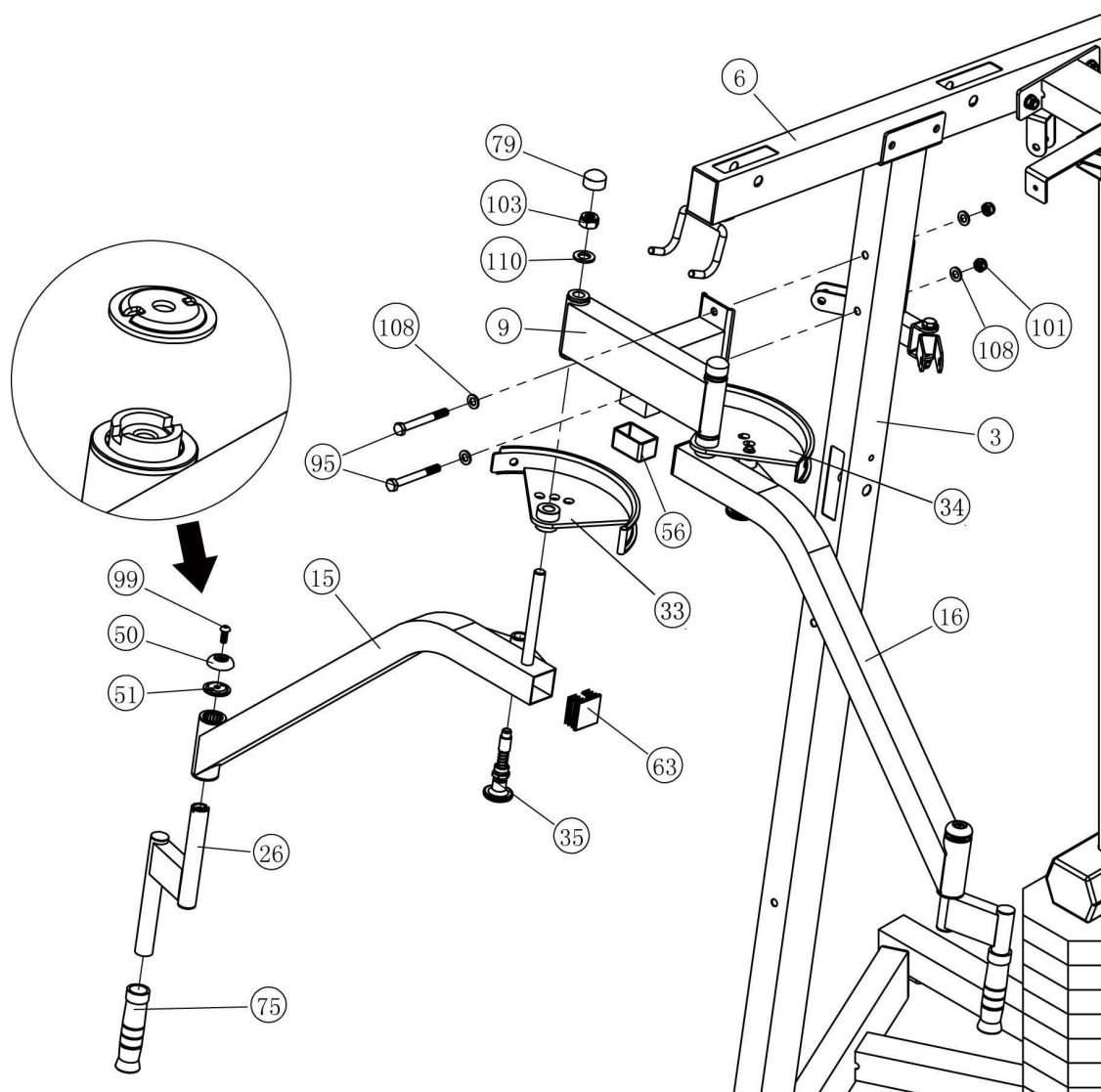


STEP 4:

1. Attach the Plug (50 x 70) (65) to the end of the Top Beam (6).
2. Attach the Top Beam (6) to the Main Upright (3) using 2 Hex Bolts (M10 x 75) (94), 4 Washers (Ø10) (108) and 2 Nylon Lock Nuts (M10) (101).
3. Attach the Top Beam (6) to the Rear Upright (2) using 2 Hex Bolts (M10 x 75) (94), 4 Washers (Ø10) (108) and 2 Nylon Lock Nuts (M10) (101).
4. Attach the Plug (50 x 50) to both ends of the Pec Top Beam (21).
5. Line up the holes in the Pec Top Beam (21) and the Top Cover Support (113) to the Guide Rods (7).
6. Once lined up attach the Pec Top Beam (21) and the Top Cover Support (113) to the Guide Rods (7) using 2 Hex Bolts (M10 x 25) (90), 4 Washers (Ø10) (108) and 2 Nylon Lock Nuts (M10) (101).
7. Then attach the Top Beam (6) to the Pec Top Beam (21) using 2 Hex Bolts (M10 x 70) (93), 4 Washers (Ø10) (108) and 2 Nylon Lock Nuts (M10) (101).

ASSEMBLY STEPS

STEP 5

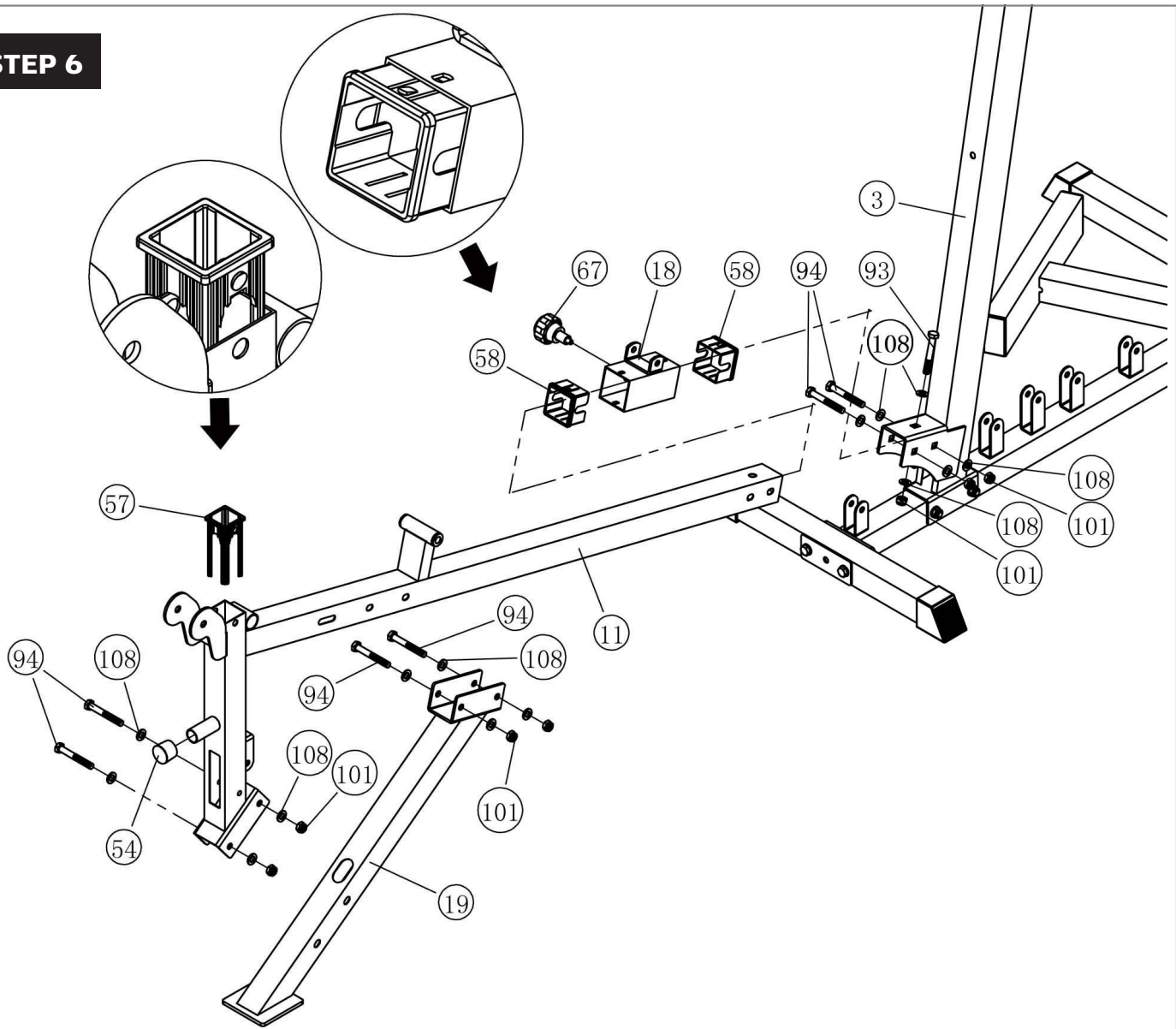


STEP 5:

1. Attach the End Cap (50 x 30 x 30) (56) to the bottom of the Pec Mount (9).
2. Attach the Pec Mount (9) to the Main Upright (3) using 2 Hex Bolts (M10 x 90) (95), 4 Washers (Ø10) (108) and 2 Nylon Lock Nuts (M10) (101).
3. Attach the Plug (45 x 45) (63) to the Right Pec Arm (15).
4. Attach the Comfort Grip (75) to the Pec Handle (26).
5. Attach the Pec Handle (26) to the Right Pec Arm (15) using 1 Tab Washer (51), 1 Ornamental Cap (50) and 1 Socket Countersunk Bolt (M8 x 20) (99).
6. Insert the Right Pec Arm (15) into the hole of the Right Adjustment Frame (33).
7. Attach the Right Pec Arm (15) and the Right Adjustment Frame (33) to the Pec Mount (9) using 1 Washer (Ø16) (110), 1 Nylon Lock Nut (M16) (103) and 1 Nut Cap (M16) (79).
8. Screw the Pop-Pin (35) to the Right Pec Arm (15).
9. Attach the Comfort Grip (75) to the Pec Handle (26).
10. Attach the Pec Handle (26) to the Left Pec Arm (16) using 1 Tab Washer (51), 1 Ornamental Cap (50) and 1 Socket Countersunk Bolt (M8 x 20) (99).
11. Insert the Left Pec Arm (16) into the hole of the Left Adjustment Frame (34).
12. Attach the Left Pec Arm (16) and the Left Adjustment Frame (34) to the Pec Mount (9) using 1 Washer (Ø16) (110), 1 Nylon Lock Nut (M16) (103) and 1 Nut Cap (M16) (79).
13. Screw the Pop-Pin (35) to the Left Pec Arm (16).

ASSEMBLY STEPS

STEP 6

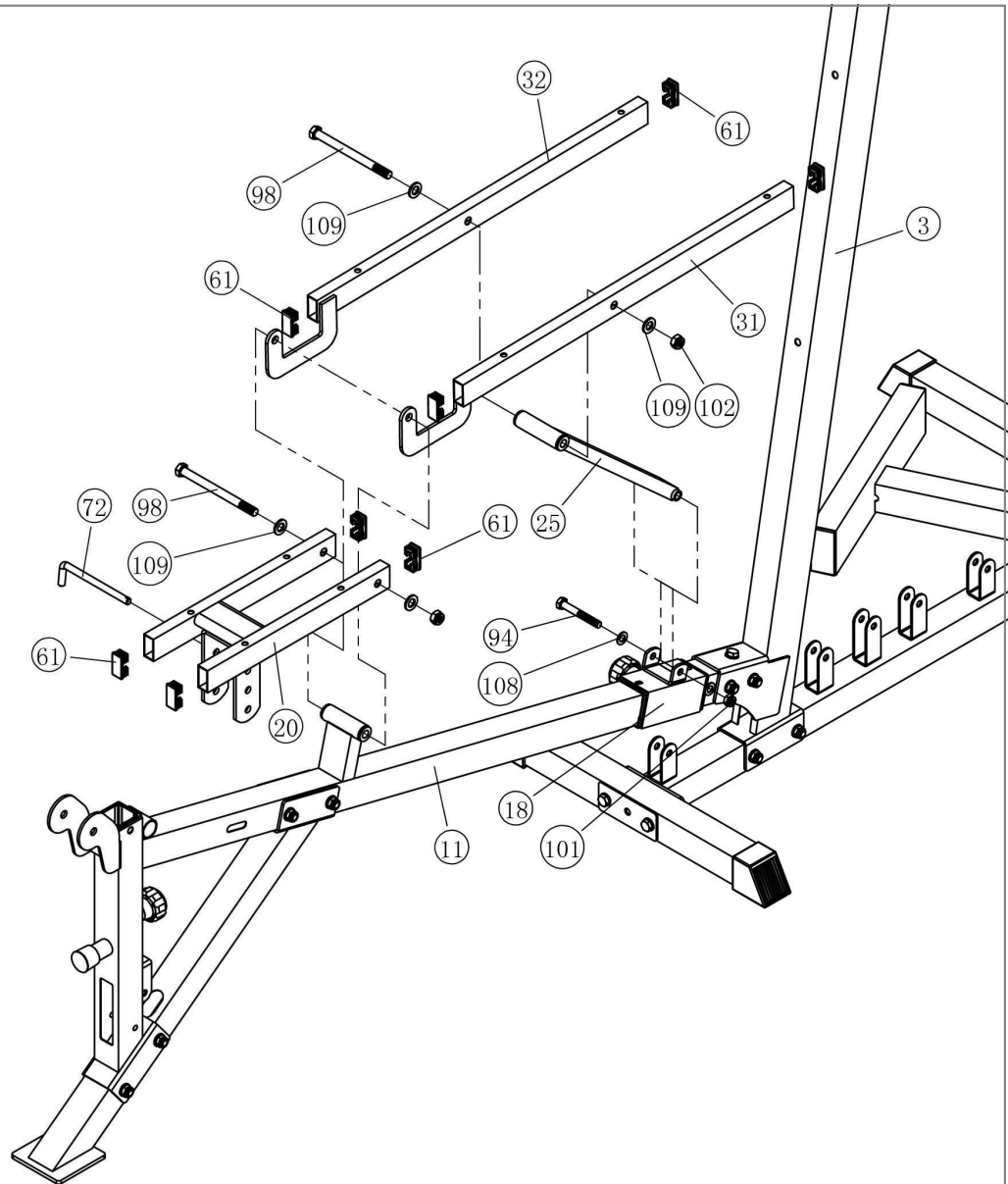


STEP 6:

1. Insert the Sleeve (60 x 50) (58) to both ends of the Sliding Frame (18).
2. Attach the Sliding Frame (18) to the Front Main Frame (11).
3. Screw the Locking-Pin (67) to the Sliding Frame (18) and the Front Main Frame (11).
4. Insert the Sleeve (50 x 38) (57) into the top of the Front Main Frame (11).
5. Attach the End Cap (Ø25) (54) to the Front Main Frame (11).
6. Attach the Foot Support (19) to the Front Main Frame (11) using 4 Hex Bolts (M10 x 75) (94), 8 Washers (Ø10) (108) and 4 Nylon Lock Nuts (M10) (101).
7. Attach the Front Main Frame (11) to the Main Upright (3) using 2 Hex Bolts (M10 x 75) (94), 1 Hex Bolt (M10 x 70) (93), 6 Washers (Ø10) (108) and 3 Nylon Lock Nuts (M10) (101).

ASSEMBLY STEPS

STEP 7

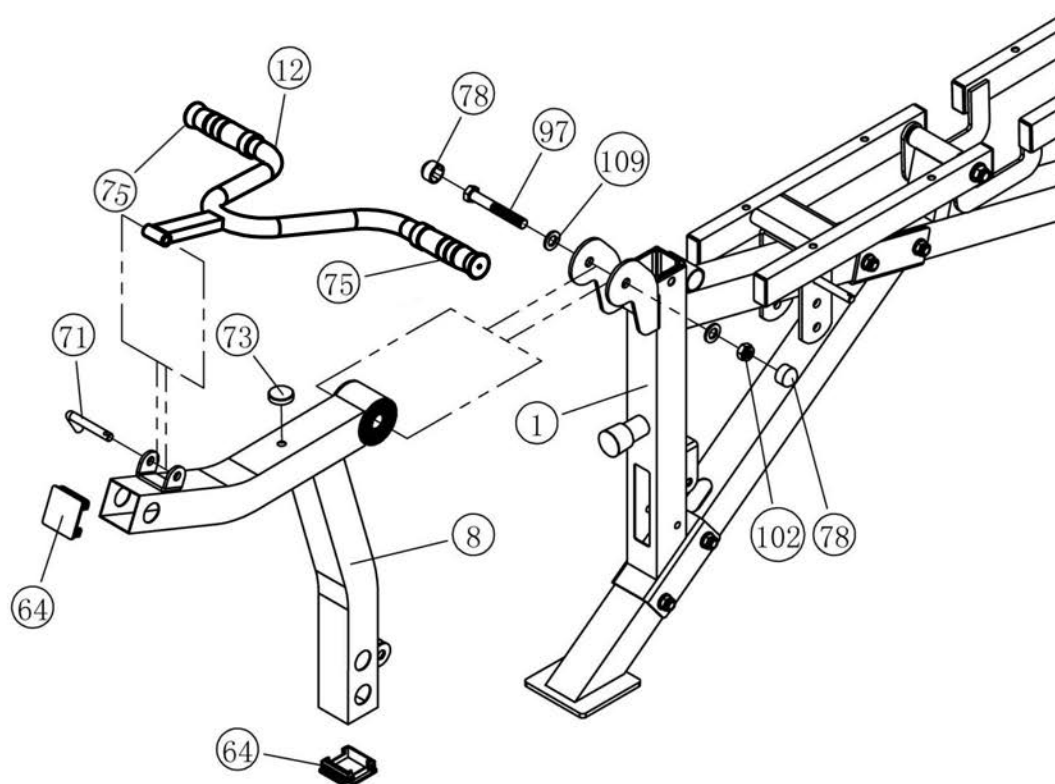


STEP 7:

1. Attach the 4 Plugs (20 x 40) (61) to the ends of the Seat Frame (20).
2. Attach the 4 Plugs (20 x 40) (61) to the ends of the Left Backrest Frame (31) and the Right Backrest Frame (32).
3. Attach the Support Tube (25) to the Sliding Frame (18) using 1 Hex Bolt (M10 x 75) (94), 2 Washers (Ø10) (108) and 1 Nylon Lock Nut (M10) (101).
4. On the outside faces of the Seat Frame (20), line up the holes in the Left Backrest Frame (31) and the Right Backrest Frame (32) to the holes of the Seat Frame (20).
5. Attach the Left Backrest Frame (31), Right Backrest Frame (32) and Seat Frame (20) to the Front Main Frame (11) using 1 Hex Bolt (M12 x 150) (98), 2 Washers (Ø12) (109) and 1 Nylon Lock Nut (M10) (102).
6. Attach the Left Backrest Frame (31) and the Right Backrest Frame (32) to the Support Tube (25) using 1 Hex Bolt (M12 x 150) (98), 2 Washers (Ø12) (109) and 1 Nylon Lock Nut (M10) (102).
7. Adjust the position of the Seat Frame (20) to the desired angle, lock the Seat Frame (20) in place by inserting the L-Pin (Ø10 x 80) (72) through the Seat Frame (20) and the Front Main Frame (11).

ASSEMBLY STEPS

STEP 8

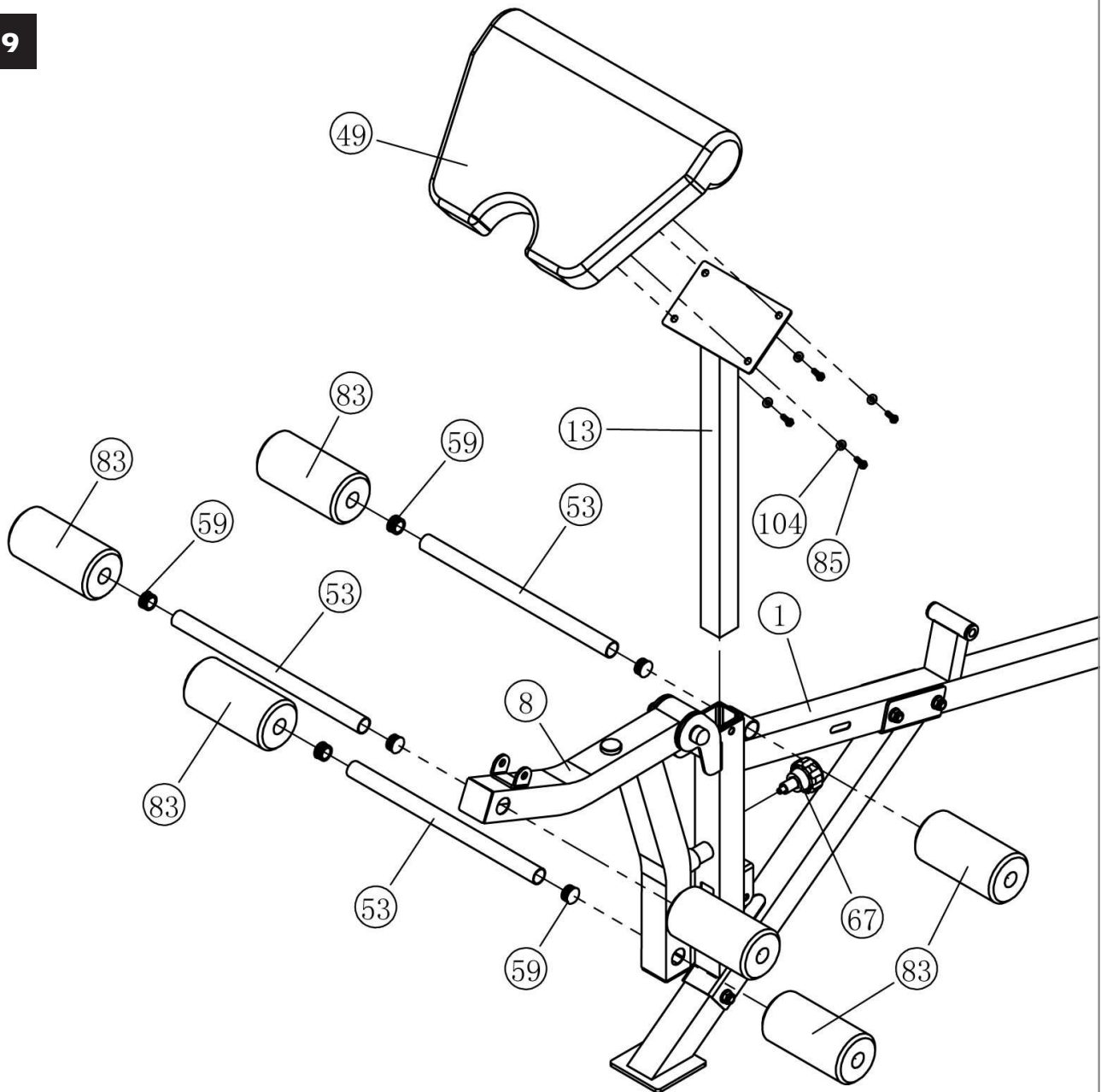


STEP 8:

1. Attach the 2 Plugs (50 x 50) (64) to the ends of the Leg Extension Arm (8).
2. Insert the Buffer (73) into the hole on the Leg Extension Arm (8).
3. Attach the Leg Extension Arm (8) to the Main Bottom Frame (1) using 1 Hex Bolt (M12 x 85), 2 Washers (Ø12) (109), 1 Nylon Lock Nut (M12) (102) and 2 Nut Caps (M12) (78).
4. Attach the Comfort Grips (75) to the ends of the Arm Curl Handle (12).
5. Attach the Arm Curl Handle (12) to the Leg Extension Arm (8) using the L-Pin (Ø10 x 60) (71).

ASSEMBLY STEPS

STEP 9

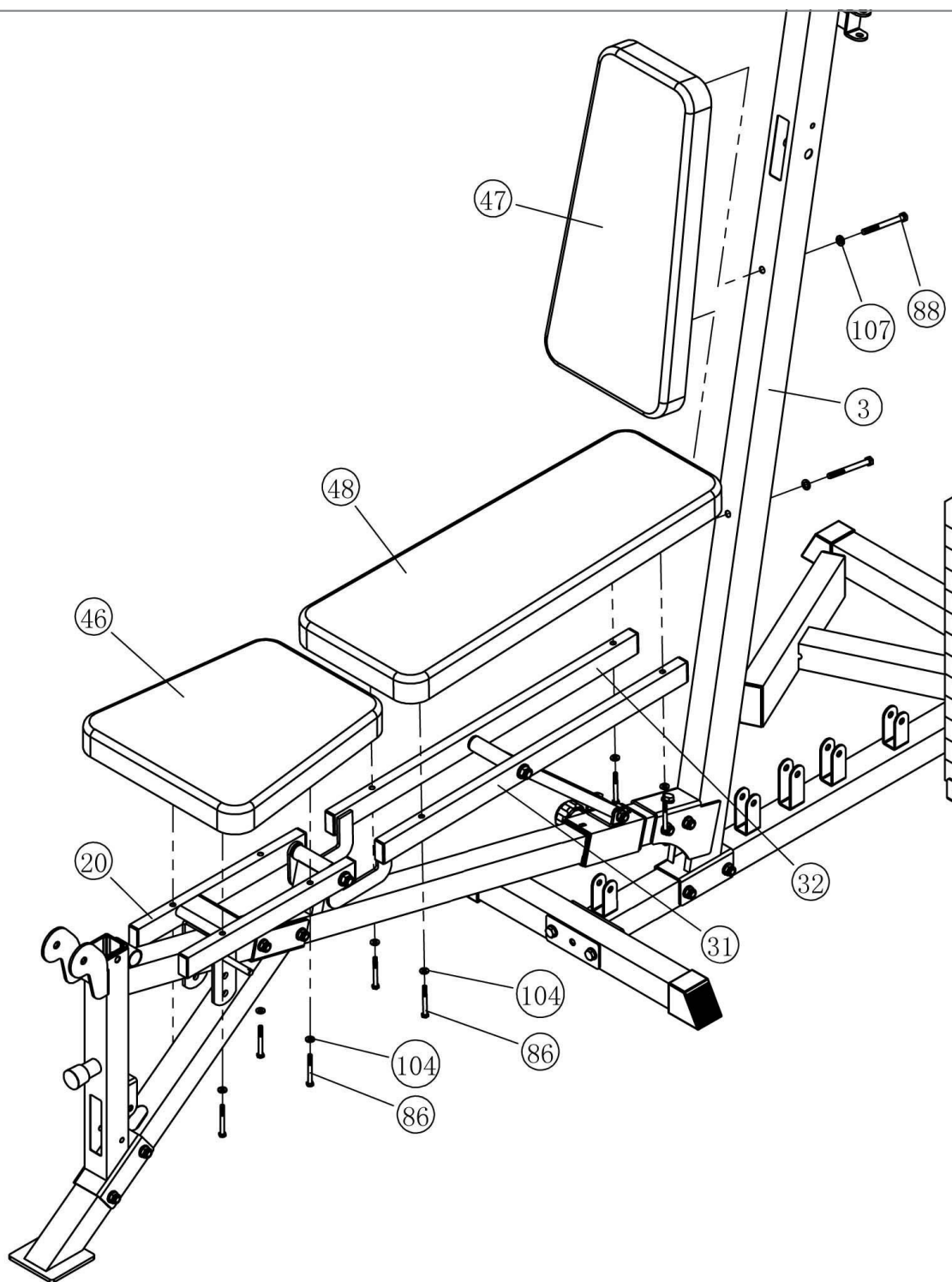


STEP 9:

1. Insert 2 Plugs (Ø25) (59) into each Foam Roller Tube (53).
2. Insert the first Foam Roller Tube (53) into the bottom hole found on the Leg Extension Arm (8).
3. Slide 2 Foam Rollers (Ø80 x 160) (83) over both ends of the first Foam Roller Tube (53).
4. Insert the second Foam Roller Tube (53) into the second hole found on the Leg Extension Arm (8).
5. Slide 2 Foam Rollers (Ø80 x 160) (83) over both ends of the second Foam Roller Tube (53).
6. Insert the third Foam Roller Tube (53) into the top hole found on the Leg Extension Arm (8).
7. Slide 2 Foam Rollers (Ø80 x 160) (83) over both ends of the third Foam Roller Tube (53).
8. Attach the Arm Pad (49) to the Arm Curl Support (13) using 4 Hex Bolts (M6 x 20) (85) and 4 Big Washers (Ø6) (104).
9. Slide the Arm Curl Support (13) into the Main Bottom Frame (1), adjust to the desired height and lock into position by screwing in the Locking-Pin (67).

ASSEMBLY STEPS

STEP 10

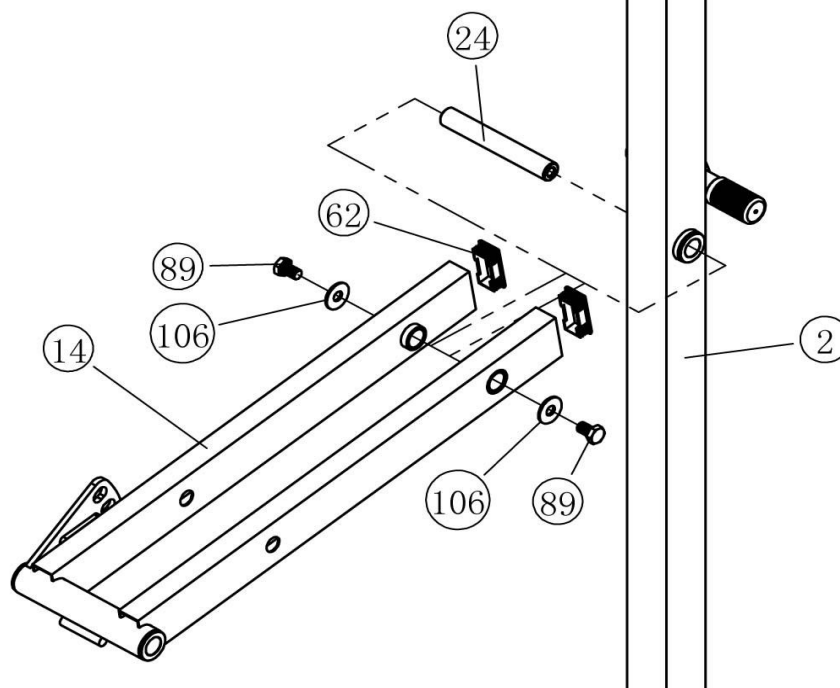


STEP 10:

1. Attach the Main Backrest Pad (47) to the Main Upright (3) using 2 Hex Bolts (M8 x 90) (88) and 2 Washers (Ø8) (107).
2. Attach the Pec Backrest Pad (48) to the Left Backrest Frame (31) and the Right Backrest Frame (32) using 4 Hex Bolts (M6 x 55) (86) and 4 Big Washers (Ø6) (104).
3. Attach the Seat Pad (46) to the Seat Frame (20) using 4 Hex Bolts (M6 x 55) (86) and 4 Big Washers (Ø6) (104).

ASSEMBLY STEPS

STEP 11

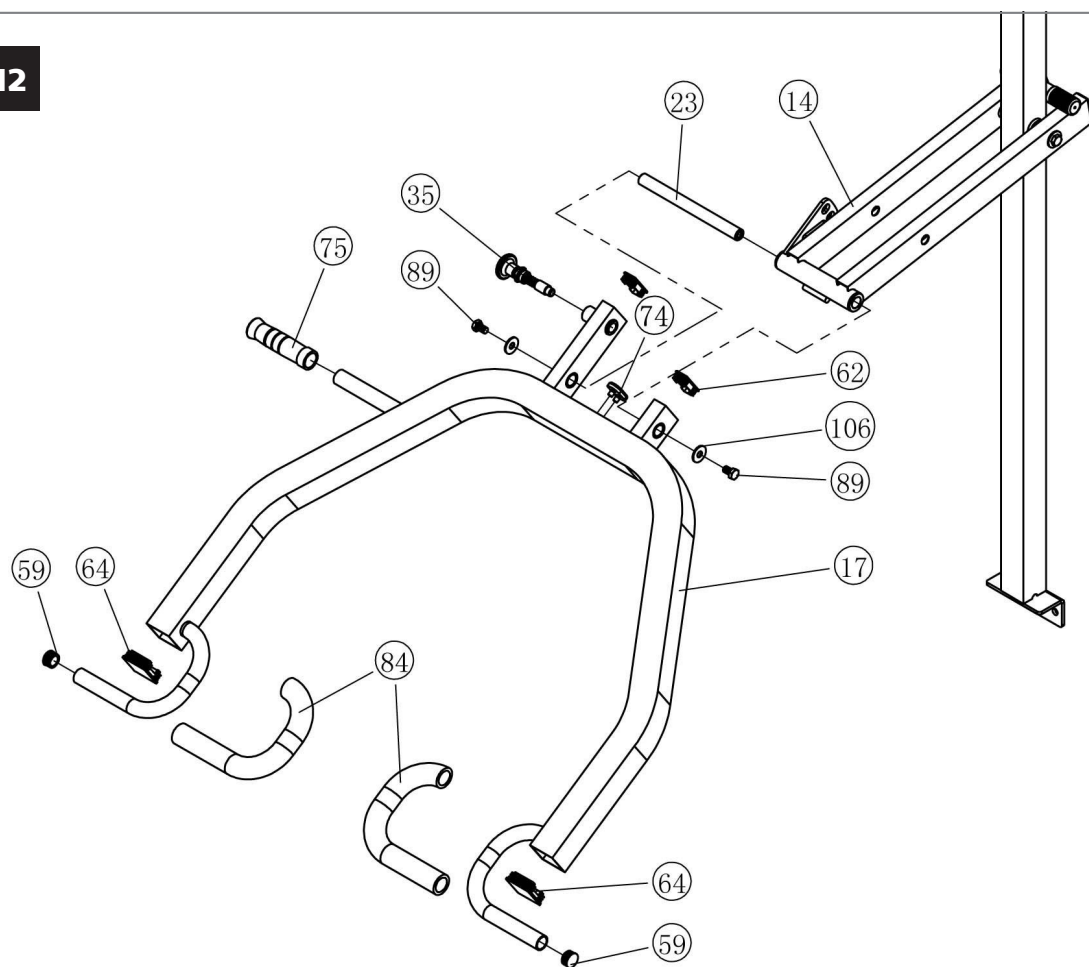


STEP 11:

1. Attach the Plug (25 X 50) (62) to both ends of the Adjustment Frame (14).
2. Insert the Short Shaft (24) into the hole found on the Rear Upright (2).
3. Attach the Adjustment Frame (14) to the Rear Upright (2) using 2 Hex Bolts (M10 X 16) (89) and 2 Big Washers (Ø10) (106).

ASSEMBLY STEPS

STEP 12

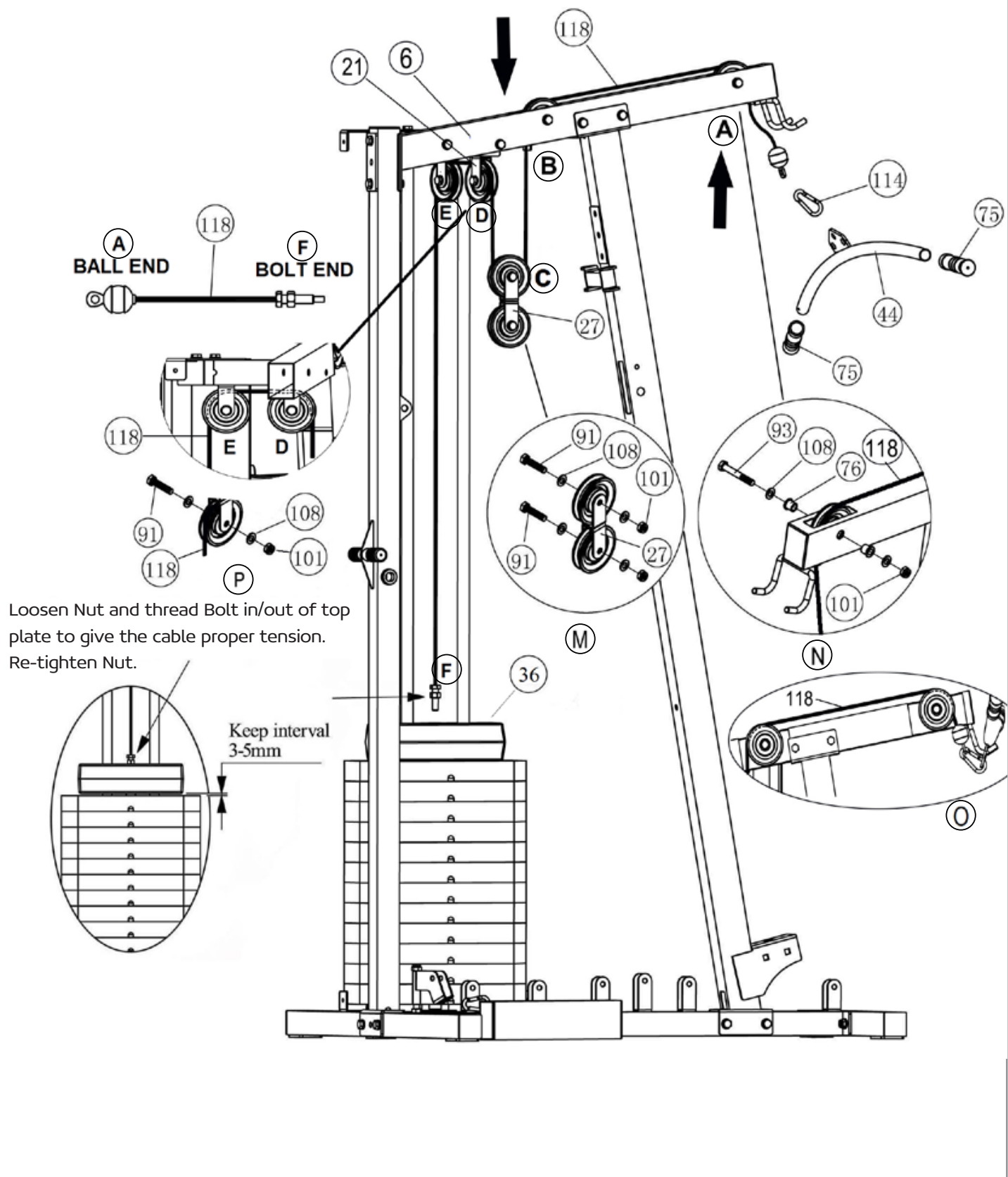


STEP 12:

1. Attach the Plugs (50 x 50) (64) to the ends of the Press Arm (17).
2. Attach the Plugs (25 x 50) (62) to the ends on the Press Arm (17).
3. Slide the Comfort Grip (75) to the one end of the Press Arm (17).
4. Slide the Foam (Ø23 x 300) (84) on to both Handles found on the Press Arm (17).
5. Attach the Plugs (Ø25 x 1.5) (59) to both ends of both handles on the Press Arm (17).
6. Line up the holes of the Press Arm (17) and the Adjustment Frame (14).
7. Insert the Long Shaft (23) through the Press Arm (17) and the Adjustment Frame (14).
8. Attach the Press Arm (17) to the Adjustment Frame (14) using 2 Hex Bolts (M10 x 16) (89) and 2 Big Washers (Ø10) (106).
9. The required angle of the Press Arm can be adjusted by screwing the Pop-Pin (35) into the required position on the Press Arm (17) and the Adjustment Frame (14).

ASSEMBLY STEPS

STEP 13



ASSEMBLY STEPS

STEP 13: LAT CABLE (118) - CABLE LOOP ASSEMBLY DIAGRAM

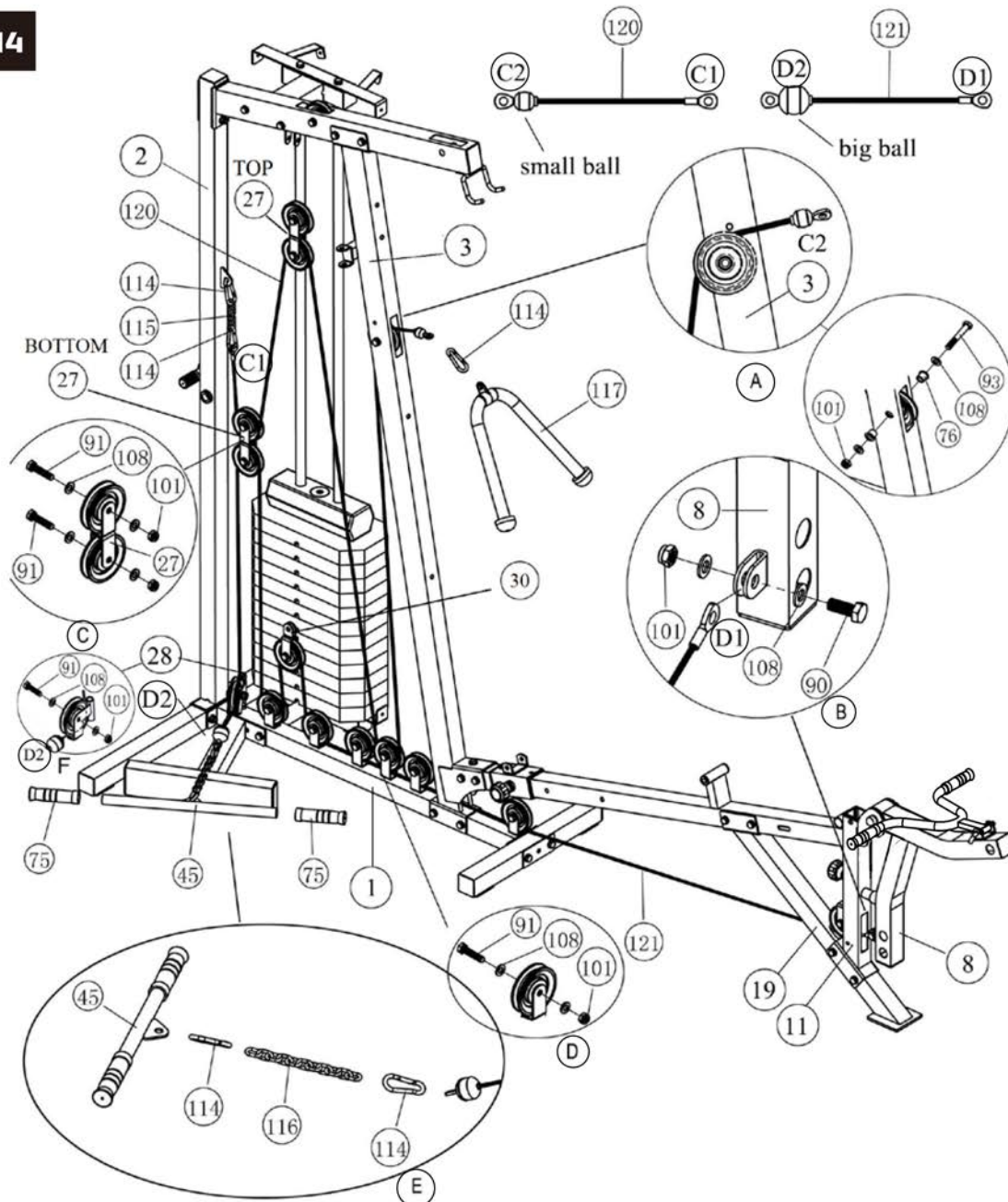
After the Machine is assembled, check whether the cable is tensioned. At correct tension, there should be a gap of 3-5 mm between the Top Plate and the Weight Stack. If the Cable is slightly loose, adjust it by tightening the Bolt at the top of the weight stack. If the Cable is very loose, adjust the length of Coil Chain (115), using the Snap Link (114).

Lat Cable (118)

1. Feed the Lat Cable (118) with the Bolt End (F), through the Top Beam (6) starting at Point (A) shown in the diagram.
2. Attach a Pulley (52) to Hole (A) (as in view N) using 1 Hex Bolt (M10 x 70) (93), 2 Washers (Ø10) (108), 2 Plastic Bushings (76) and 1 Nylon Lock Nut (M10) (101).
3. Feed the Lat Cable (118) through to Hole (B).
4. Attach a Pulley (52) to Hole (B) (as in view N) using 1 Hex Bolt (M10 x 70) (93), 2 Washers (Ø10) (108), 2 Plastic Bushings (76) and 1 Nylon Lock Nut (M10) (101).
5. Feed the Lat Cable (118) to Point (C), this cable will only be fed through the Top Pulley.
6. As shown in View (M) assemble 2 Pulleys (52) to the Double Pulley Rack (27) using 2 Hex Bolts (M10 x 45) (91), 4 Washers (Ø10) (108) and 2 Nylon Lock Nuts (M10) (101).
7. Feed the Lat Cable (118) to Point (D).
8. Attach a Pulley (52) to Point (D) on the Pec Top Beam (21) using 1 Hex Bolt (M10 x 45) (91), 2 Washers (Ø10) (108) and 1 Nylon Lock Nut (M10) (101).
9. Feed the Lat Cable (118) to Point (E).
10. Attach a Pulley (52) to Point (E) on the Pec Top Beam (21) using 1 Hex Bolt (M10 x 45) (91), 2 Washers (Ø10) (108) and 1 Nylon Lock Nut (M10) (101).
11. Point (F) of the Lat Cable (118) has the Bolt End. This Bolt End needs to be screwed into the Top Weight Plate (36). Tension can be adjusted by loosening and tightening the Nut.
12. Attach a Snap Link (114) to the (A) (Ball end) of the Lat Cable (118).
13. Attach Comfort Grips (75) to each end of the Lat Bar (44).
14. Hook the Lat Bar (44) to the Snap Link (114).
15. As shown in View (O) the Lat Bar can be Hooked on the end of the Top Beam (6).

ASSEMBLY STEPS

STEP 14



STEP 14: ABDOMINAL CABLE (120) AND LEG CABLE (121) ASSEMBLY

Abdominal Cable (120)

1. Starting with the (C1) point on the Abdominal Cable (120) feed the Abdominal Cable (120) through the Main Upright (3).
2. Attach a Pulley (52) to the Main Upright (3) using 1 Hex Bolt (M10 x 70) (93), 2 Washers (Ø10) (108), 2 Plastic Bushings (76) and 1 Nylon Lock Nut (M10) (101).
3. Insert the Abdominal Cable (120) into the 3rd Pulley rack on the Main Bottom Frame (1).
4. Attach a Pulley (52) to the 3rd Pulley Rack on the Main Bottom Frame (1) using 1 Hex Bolt (M10 x 45) (91), 2 Washers (Ø10) (108) and 1 Nylon Lock Nut (M10) (101).

ASSEMBLY STEPS

STEP 14: ABDOMINAL CABLE (120) AND LEG CABLE (121) ASSEMBLY (Continued)

5. Insert the Abdominal Cable (120) into the Top - Double Pulley Rack (27). Pulley (52) has already been assembled in Step 13.
6. As shown in View (C), attach the Top - Pulley (52) to the Double Pulley Rack (27) using 1 Hex Bolt (M10 x 45) (91), 2 Washer (Ø10) (108) and 1 Nylon Lock Nut (M10) (101).
7. Insert the Abdominal Cable (120) into the Top Pulley of the Bottom - Double Pulley Rack (27).
8. Attach a Snap Link (14) to the end point (C1) of the Abdominal Cable (120).
9. Attach the Short Coil Chain (115) to the Snap Link (14).
10. Attach the second Snap Link (114) to the other end of the Short Coil Chain (115).
11. Hook the second Snap Link (114) to the Rear Upright (2).
12. Attach a Snap Link (114) to the end point (C2) of the Abdominal Cable (120), then attach the Abdominal Handle (117) to the Snap Link (114).

Leg Cable (121)

1. Starting with the (D1) point on the Leg Cable (121) feed the Leg Cable (121) into the Side Pulley Rack (28).
2. Attach a Pulley (52) to the Side Pulley Rack (28) using 1 Hex Bolt (M10 x 45) (91), 2 Washers (Ø10) (108) and 1 Nylon Lock Nut (M10) (101) as shown in View (F).
3. Insert the Leg Cable (121) into the bottom half of the Bottom - Double Pulley Rack (27).
4. As shown in View (C), attach the Bottom - Pulley (52) to the Double Pulley Rack (27) using 1 Hex Bolt (M10 x 45) (91), 2 Washers (Ø10) (108) and 1 Nylon Lock Nut (M10) (101).
5. Insert the Leg Cable (121) into the Single Pulley Rack (30).
6. Attach a Pulley (52) to the Single Pulley Rack (30) using 1 Hex Bolt (M10 x 45) (91), 2 Washers (Ø10) (108) and 1 Nylon Lock Nut (M10) (101). The Single Pulley Rack (30) will need to be connected to the Connecting Cable (122) in Step 15.
7. Feed the Leg Cable (121) through all the Pulley Racks located on the Main Bottom Frame (1) moving in the direction of the Leg Extension Arm (8).
8. Feed the Leg Cable (121) through the Centre Holes of the Foot Support (19) and the Front Main Frame (11).
9. Link up and attach the (D1) end of the Leg Cable (121) with the (U) plate found on the Leg Extension Arm (8) using 1 Hex Bolt (M10 x 45) (90), 2 Washers (Ø10) (108) and 1 Nylon Lock Nut (M10) (101), as shown in View (B).
10. Attach all 5 Pulleys (52) to the Pulley Racks found on the Main Bottom Frame (1) using 1 Hex Bolt (M10 x 45) (91), 2 Washers (Ø10) (108) and 1 Nylon Lock Nut (M10) (101) per Pulley (52), as shown in View (D).
11. Attach a Pulley (52) to the pulley rack located on the Front Main Frame (11) using 1 Hex Bolt (M10 x 45) (91), 2 Washers (Ø10) (108) and 1 Nylon Lock Nut (M10) (101).
12. Attach a Snap Link (114) to the End Point (D2) of the Leg Cable (121).
13. Attach the Long Coil Chain (116) to the Snap Link (114), then attach another Snap Link (114) to the other end of the Long Coil Chain (116).
14. Attach the Comfort Grips (75) to each end of the Low Row Bar (45), attach the Low Row Bar (45) to the Snap Link (114), as shown in View (E).

STEP 15



ASSEMBLY STEPS

STEP 15: PEC CABLE (119) AND CONNECTING CABLE (122) ASSEMBLY

1. Attach the (A2) end of the Pec Cable (119) to the Left Adjustment Frame (34) using 1 Hex Bolt (M10 x 25) (90), 2 Washers (Ø10) (108) and 1 Nylon Lock Nut (M10) (101) as shown in View (G).
2. Feed the Pec Cable (119) into the Pec Pulley Rack (29).
3. Attach a Pulley (52) to the Pec Pulley Rack (29) using 1 Hex Bolt (M10 x 45) (91), 2 Washers (Ø10) (108) and 1 Nylon Lock Nut (M10) (101) as shown in View (K).
4. Feed the Pec Cable (119) into the Single Pulley Rack (30).
5. Attach a Pulley (52) to the Single Pulley Rack (30) using 1 Hex Bolt (M10 x 45) (91), 2 Washers (Ø10) (108) and 1 Nylon Lock Nut (M10) (101) as shown in View (J).
6. Feed the Pec Cable (119) into the Pec Pulley Rack (29).
7. Attach a Pulley (52) to the Pec Pulley Rack (29) using 1 Hex Bolt (M10 x 45) (91), 2 Washers (Ø10) (108) and 1 Nylon Lock Nut (M10) (101) as shown in View (K).
8. Attach the (B2) end of the Pec Cable (119) to the Right Adjustment Frame (33) using 1 Hex Bolt (M10 x 25) (90), 2 Washers (Ø10) (108) and 1 Nylon Lock Nut (M10) (101) as shown in View (G).

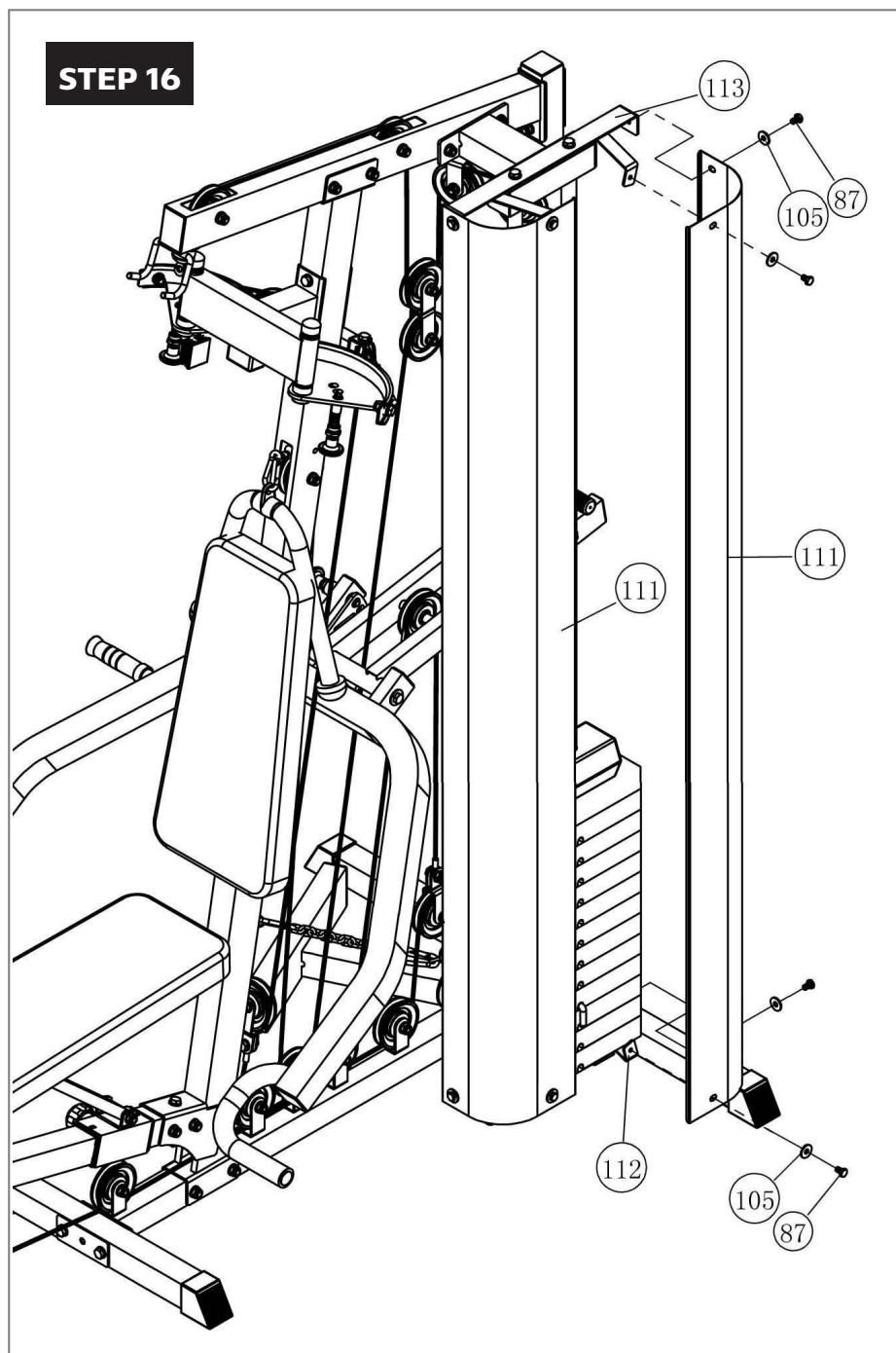
Connecting Cable (122)

1. Attach the A1 end of the Connecting Cable (119) to the Single Pulley Rack (30) using 1 Hex Bolt (M10 x 25) (90), 2 Washers (Ø10) (108) and 1 Nylon Lock Nut (M10) (101) as shown in View (J).
2. Feed the Connecting Cable (122) through the 3 Pulley Racks located on the Main Bottom Frame (1). The 2 pulleys located on the Main Bottom Frame (1) have already been assembled in Step 14.
3. Feed the Connecting Cable (122) into the Adjustment Frame (14).
4. Insert the 2 Pulley Bushing (77) into the Pulley (52) as shown in View (H).
5. Attach the Pulley (52) with 2 Pulley Bushings (77) to the Adjustment Frame (14) using 1 Hex Bolt (M10 x 50) (96), 2 Washers (Ø10) (108) and 1 Nylon Lock Nut (M10) (101) as shown in View (H).
6. Link up and attach the (B1) end of the Connecting Cable (122) with the Single Pulley Rack (30) using 1 Hex Bolt (M10 x 45) (90), 2 Washers (Ø10) (108) and 1 Nylon Lock Nut (M10) (101), as Shown in View (J).

ASSEMBLY STEPS

STEP 16:

1. Attach the Weight Stack Covers to the Bottom Cover Support (112) and the Top Cover Support (113) using 8 Hex Bolt (M8 x 12) (87) and 8 Big Washers (Ø8) (105).



ATTENTION

Tighten all bolts and nuts USING THE WRENCH.

The Elite Gym 2.0 Home Gym should now be fully assembled.

Check that all bolts are tight and cables are seated correctly on all pulleys before using.

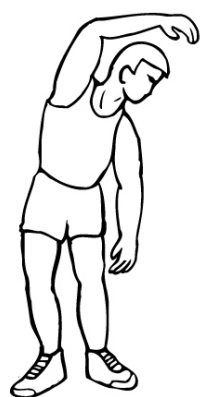
Adjustments to the cables need to be made during the first session of use.

EXERCISE INSTRUCTIONS

Using your Trojan Elite Gym 2.0 Home Gym provides you with several benefits, it will improve your physical fitness, tone muscle and in conjunction with a calorie controlled diet, help you lose weight.

THE WARM UP PHASE

This stage helps get the blood flowing around the body and the muscles working properly. It will also reduce the risk of cramp and muscle injury. It is advisable to do a few stretching exercises as shown below. Each stretch should be held for approximately 30 seconds, do not force or jerk your muscles into a stretch. If it hurts, **STOP**.



SIDE BENDS



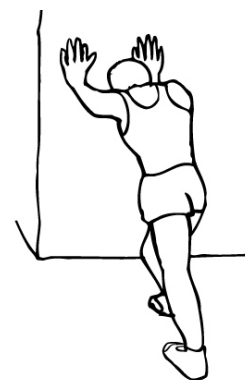
FORWARD BENDS



OUTER THIGH

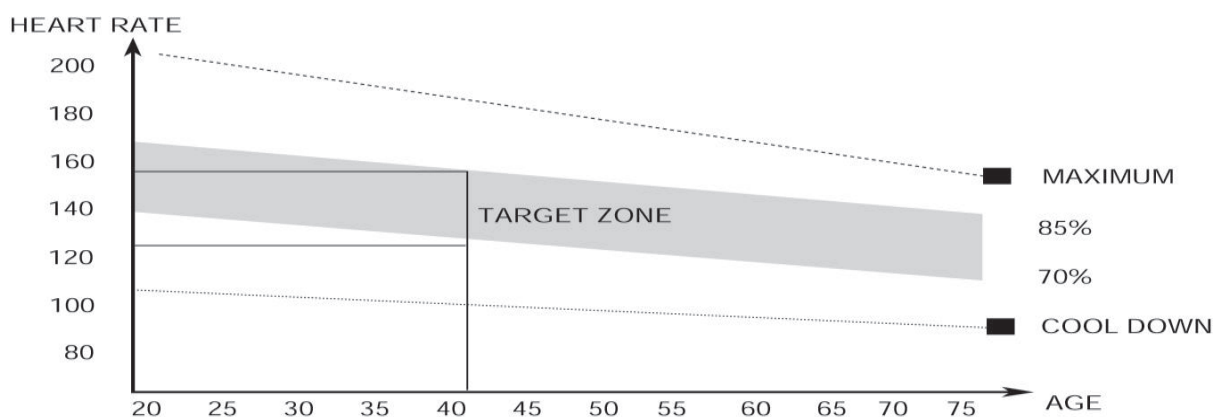


INNER THIGH



CALF STRETCH

This is the stage where you put the effort in. After regular use, the muscles in your whole body will become stronger. Work at your own pace, but it is very important to maintain a steady tempo throughout. The rate of work should be sufficient to raise your heart beat into the target zone shown on the graph below.



This stage is to let your Cardiovascular System and muscles wind down. This is a repeat of the warm up exercise i.e. reduce your tempo, continue for approximately 5 minutes. The stretching exercises should now be repeated, again remembering not to force or jerk your muscles into the stretch.

As you get fitter you may need to train longer and harder. It is advisable to train at least 3 times a week, and if possible space your workouts evenly throughout the week.



EXERCISE INSTRUCTIONS

MUSCLE TONING

To tone muscle while on your Trojan Elite Gym 2.0 Home Gym you will need to have the resistance set quite high. This will put more strain on our leg muscles and may mean you cannot train for as long as you would like. If you are also trying to improve your fitness, you need to alter your training program. You should train as normal during the warm up and cool down phases, but towards the end of the exercise phase you should increase resistance, making your legs work harder than normal. You may have to reduce your speed to keep your heart rate in the target zone.

WEIGHT LOSS

The important factor here is the amount of effort you put in. The harder and longer you work the more calories you will burn.

FITNESS TIPS & TECHNIQUES

AEROBIC EXERCISE

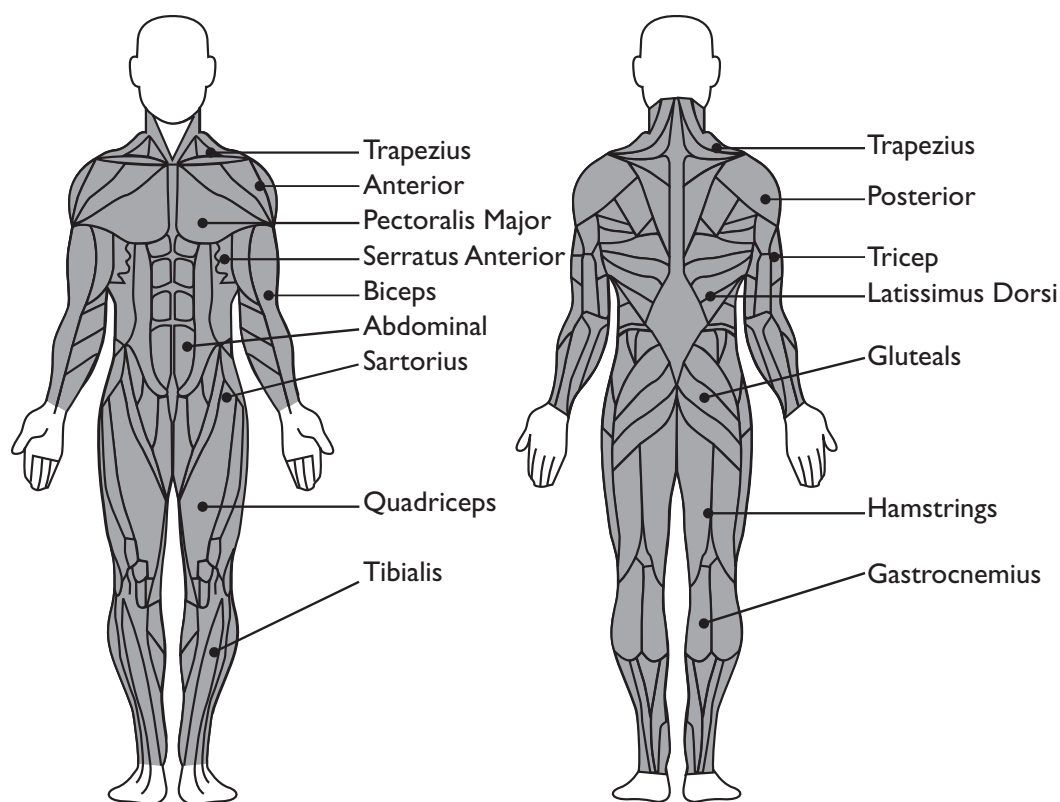
Aerobic exercise is any sustained activity that sends oxygen to your muscles via your heart and lungs. Aerobic exercise improves the fitness of your lungs and heart – your body's most important muscle. Aerobic exercise fitness is promoted by any activity that uses your large muscles (arms, legs, or buttocks, for example). Your heart beats quickly and you breathe deeply. An aerobic exercise should form part of your entire exercise routine.

WEIGHT TRAINING

Along with aerobic exercising which helps get rid of and keep off the excess fat that our bodies can store, weight training is an essential part of the exercise routine process. Weight training helps tone, build and strengthen muscle. If you are working above your target zone, you may want to do a lesser amount of reps. Always consult your physician before beginning any exercise program.

MUSCLE CHART

The exercise routine that is performed on the Trojan Elite Gym 2.0 Home Gym will develop your whole body. The targeted muscle groups are the chest, shoulders, back, legs and arms. It will also condition the circulatory system and provide a good aerobic workout. These muscle groups are highlighted on the muscle chart below.



VISIT:
www.trojanhealth.co.za for equipment choices and exercise programs

CONDITIONING GUIDELINES

How you begin your exercise program depends on your physical condition. If you have been inactive for several years, or are severely overweight, you must start slowly and increase your time on the equipment, a few minutes per workout.

Initially, you may be able to exercise only for a few minutes in your target zone, however, your aerobic fitness will improve over the next 6 to 8 weeks. Don't be discouraged if it takes longer. It's important to work at your own pace. Ultimately, you'll be able to exercise continuously for 30 minutes. The better your aerobic fitness, the harder you will have to work to stay in your target zone. Please remember these essentials:

- Have your doctor review your training and diet programs to advise you of a workout routine you should adopt.
- Begin your training program slowly with realistic goals that have been set by you and your doctor.
- Monitor your pulse frequently.
- Establish your target heart rate based on your age and condition.

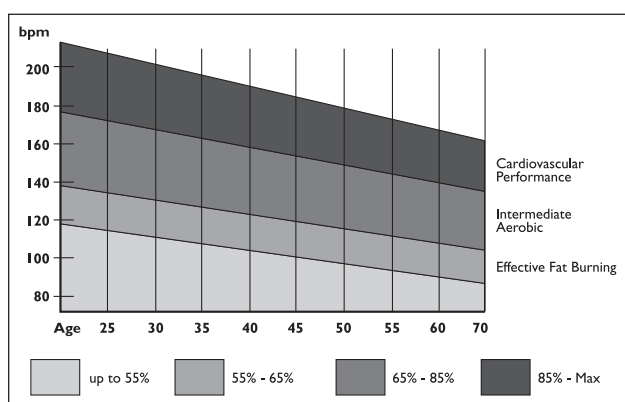
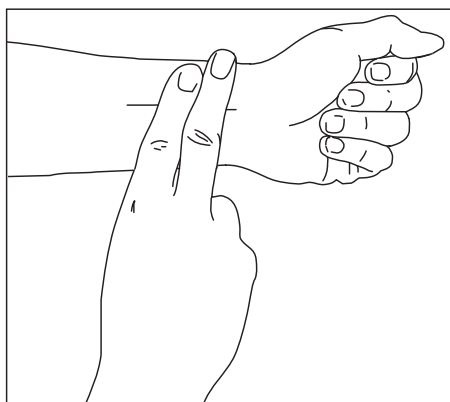
EXERCISE INTENSITY

To maximise the benefits of exercising, it is important to exercise with the proper intensity. The proper intensity level can be found by using your heart rate as a guide. For effective aerobic exercise, your heart rate should be maintained at a level between 65% and 85% of your maximum heart rate as you exercise. This is known as your target zone. You can find your target zone in the table below.

During the first few months of your exercise program, keep your heart rate near the low end of your target zone as you exercise. After a few months, your heart rate can be increased gradually until it is near the middle of your target zone as you exercise.

To measure your heart rate, stop exercising but continue moving your legs or walking around and place 2 fingers on your wrist. Take a 6 second heartbeat count and multiply the results by 10 to find your heart rate. For example, if your 6 second heartbeat count is 14, your heart rate is 140 beats per minute. (A 6 second count is used because your heart rate will drop rapidly when you stop exercising).

Adjust the intensity of your exercise until your heart rate is at the proper level.



WARM UP & COOL DOWN

WORKOUT GUIDELINES

Each workout should include the following 3 parts:

- 1. A WARM-UP:** 5 to 10 minutes of stretching and light exercise. A proper warm-up increases your body temperature, heart rate, and circulation in preparation for exercise.
- 2. TRAINING ZONE EXERCISE:** 20 to 30 minutes of exercising with your heart rate in your training zone. (Note: During the first few weeks of your exercise program, do not keep your heart rate in your training zone for longer than 20 minutes).
- 3. COOL-DOWN:** 5 to 10 minutes of stretching. This will increase the flexibility of your muscles and will help to prevent post-exercise problems.

EXERCISE FREQUENCY

To maintain or improve your condition, plan 3 workouts each week, with at least 1 day of rest between workouts. After a few months of regular exercise, you may complete up to 5 workouts each week, if desired. Remember, the key to success is to make exercise a regular and enjoyable part of your everyday life.

SUGGESTED STRETCHES

The correct form for several basic stretches are shown on the right. Move slowly as you stretch, hold the position and never bounce.

1. TOE TOUCH STRETCH

Stand with your knees bent slightly and slowly bend forward from your hips. Allow your back and shoulders to relax as you reach down toward your toes as far as possible. Hold for 15 counts, and then relax. Repeat 3 times.

Stretches: Hamstrings, back of knees and back.

2. HAMSTRING STRETCH

Sit with 1 leg extended. Bring the sole of the opposite foot toward you and rest it against the inner thigh of your extended leg. Reach toward your toes as far as possible. Hold for 15 counts, and then relax. Repeat 3 times for each leg.

Stretches: Hamstrings, lower back and groin.

3. CALF/ACHILLES STRETCH

With 1 leg in front of the other, reach forward and place your hands against a wall. Keep your back leg straight and your back foot flat on the floor. Bend your front leg, lean forward and move your hips toward the wall. Hold for 15 counts, and then relax. Repeat 3 times for each leg. To cause further stretching of the Achilles tendons, bend your back leg as well.

Stretches: Calves, Achilles tendons and ankles.

4. QUADRICEPS STRETCH

With 1 hand against a wall for balance, reach back and grasp 1 foot with your other hand. Bring your heel as close to your buttocks as possible. Hold for 15 counts, then relax. Repeat 3 times for each leg.

Stretches: Quadriceps and hip muscles.

5. INNER THIGH STRETCH

Sit with the soles of your feet together and your knees outward. Pull your feet toward your groin area as far as possible. Hold for 15 counts, and then relax. Repeat 3 times.

Stretches: Quadriceps and hip muscles.



MAINTENANCE

CLEANING

The Trojan Elite Gym 2.0 Home Gym can be cleaned with a soft cloth and mild detergent. Do not use abrasives or solvents on plastic parts. Please wipe your perspiration off the Trojan Elite Gym 2.0 Home Gym after each use.

Please inspect all assembly bolts and lock nuts on the machine for proper tightness before use.

STORAGE

Store the Trojan Elite Gym 2.0 Home Gym in a clean and dry environment away from children.

1. Lubrication of all moving parts is essential to the longevity and optimal performance of your machine. Initial lubrication of some parts of your gym has been done at the factory, but the weight stack guide rods must be lubricated at the time of assembly. We recommend a clear aerosol, silicone or Teflon spray.
2. Note: Do not use oil based lubricants as they will attract dust, dirt and grime, and will eventually gum up and erode bushings and sealed bearings.
3. All pulleys and bushings should be checked regularly for signs of wear.
4. Check and adjust cable tension periodically as it will maintain proper anatomical function.
5. Periodically check all moving parts, upholstery and grips for signs of wear or damage. If there is a problem or replacement part which is necessary, STOP USING THE EQUIPMENT and immediately contact your local retailer. Replace parts using only genuine parts.
6. As needed, upholstery may be cleaned with a mild solution of soap and water. Regular use of a vinyl treatment will add to the life and appearance of your upholstery.
7. All chrome plated surfaces should be cleaned regularly to prolong the life and luster of the finish. Wipe machine down with a damp cloth and dry thoroughly each day. At least once a week your chrome equipment should be polished with a commercial grade or automotive type chrome polish.
8. When checking the bolts and nuts, be sure they are all fully fastened. If there is a bolt or nut that continuously loosens obtain a replacement through your local retailer.
9. Check welds to be free of cracks.
10. Failure to perform routine maintenance could result in personal injury and/or equipment damage.

2 YEAR LIMITED WARRANTY

The Manufacturer hereby provides a warranty to the original purchaser of this product ('the Consumer') that this product will be free of manufacturing defects in materials and workmanship which under normal, personal, family or household use (commercial use expressly excluded) manifest themselves within the 2 years from the date of purchase.

EXCLUSIONS

- The warranty does not include and will not be construed to cover products damaged as a result of disaster, misuse, commercial use, not in accordance within the written instructions included with the product, abuse and/or any non-authorised modification of the product, incorrect installation of the product or normal wear and tear.
- All demo models carry a 3 month warranty.

WAIVER

The warranty and the obligations of the Manufacturer provided herein are in lieu of, and the Consumer, waives all other warranties, guarantees, conditions or liabilities, express or implied, arising by law or otherwise, including without limitation, any obligation of the Manufacturer in respect of any injury, loss or damage (direct, indirect or consequential) arising out of the use of, or inability to use this product and whether or not occasioned by the Manufacturer's negligence or any act or omission on its part.

PROOF OF PURCHASE

Any claim in terms of the warranty must be supported by a proof of purchase or a warranty number. Warranty numbers can be issued through contacting our Trojan Call Centre on 0861 Trojan (0861 876526) or online at www.trojanhealth.co.za. Customers residing outside South Africa can contact us on +27 10 206 4405. If such proof is not available, then notwithstanding anything to the contrary herein, the service agent's prevailing charges for services/repairs including call out and/or spares will be payable by the Consumer upon collection or delivery of the repaired product.

The Consumer does not need to return the product to the store. The Consumer should call the Trojan Call Centre on 0861 Trojan (0861 876526). Customers residing outside South Africa can contact us on +27 10 206 4405 and the call centre will advise of the procedure. During the warranty period the product may only be serviced and/or repaired by the Manufacturer's duly authorised agent(s).

TROJAN™		ATTACH RECEIPT	
CLIENT DETAILS			
NAME: _____			
EMAIL: _____		CELL: _____	
TEL(H): _____		TEL(W): _____	FAX: _____
ADDRESS: _____			
PRODUCT DETAILS			
DATE OF PURCHASE: dd / mm / yy		SERIAL NUMBER: _____	TILL SLIP NUMBER: _____
DESCRIPTION OF PURCHASE: _____			
BRANCH PURCHASED AT			
0861 TROJAN (0861 876526) / +27 10 206 4405		WWW.TROJANHEALTH.CO.ZA	

REPAIRS PROCEDURE

Should you experience any faults or breakdowns on your Trojan equipment, please adhere to the following procedure to have the fault rectified speedily and professionally.

Do not return the product to the store.

Call the Trojan Call Centre on 0861 Trojan (0861 876526) to log the faulty product (under warranty or out of warranty). Customers residing outside South Africa can contact us on +27 10 206 4405.

The operator or technical advisor will try identify the fault, and will book a service team call out.

The service team will endeavour to fix the problem in your home on an agreed date and time.

Only if the fault cannot be repaired in the convenience of your home, will the service team take the faulty product back to the service centre.

Items repaired in our service centre will be returned to your home on an agreed date and time.

Note: Should you live in an outlying area or outside South Africa, it may be necessary to return the product to the store nearest to you. Our service operator will advise you of your repair procedure.

COST OF REPAIRS

UNDER WARRANTY

Any items still under warranty will be repaired free of charge, as long as it complies with the terms and conditions of the warranty (refer to “warranties” section in this manual). Any items that need to be repaired that are NOT covered in the warranty will be for the Consumer’s expense. A quote for the repair/replacement of these items will be provided to the Consumer for approval prior to repairs being conducted.

OUT OF WARRANTY

Any items that need to be repaired once the warranty has expired will be for the Consumer’s expense including call out fees.

A quote for the repair/replacement of these items will be provided to the Consumer for approval prior to repairs being conducted.

2 YEAR WARRANTY

If this product proves to be faulty during normal use due to defective materials or workmanship. Refer to our website for terms and conditions.



0861 876 525
0861 TROJAN
+27 10 206 4405

Please call us for any product queries, after sales support, repairs or installations.

Manufactured for Masstores (Pty) Ltd.

16 Peltier Drive, Sunninghill, Ext 6, Sandton, 2146, South Africa

MADE IN CHINA

Always consult a physician before starting a new exercise routine

Use in conjunction with a healthy eating plan

Only use product for its intended purpose to prevent injury

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